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WHICH FEST DOES FASHION BEST?

METRO PITS CANNES AGAINST THE BILLBOARD MUSIC AWARDS IN A RED — OR BLUE IN ONE EVENT'S CASE — CARPET SHOWDOWN **PAGE 29**



'Regular average guy'

Widow shares memories as police arrest a second suspect in Ontario man's murder **PAGE 11**

Penis tweeter runs for mayor

The previously sex-scandal plagued Anthony Weiner (whatta name) wants N.Y.C.'s top job **PAGE 18**

NO BOY BANDS

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A GAME FOR THE BIRDS

Ottawa Senators goalie Craig Anderson controls the rebound while the Pittsburgh Penguins' Jarome Iginla crashes the net during last night's game at Scotiabank Place. At press time, the Penguins led 7-3. For the full story, visit metronews.ca **ADRIAN WYLD/THE CANADIAN PRESS**

Bill C-30 a close call for privacy, watchdog says

Did we dodge a bullet?

Online-snooping law would have unlocked personal secrets: Privacy office

The Harper government's recent bid to give police more information about Internet users would have unlocked numerous revealing personal details — from web-surfing habits to names of friends, says a new study by the federal privacy watchdog.

The online-surveillance bill was effectively a digital key to determining someone's leanings, the people they know and where they travel, says the office of Privacy Commissioner Jennifer Stoddart.

"What's more, each of these pieces of information can be used to uncover further information about an individual," concludes the study.

"As information technolo-

gies become more and more common in our lives, and the more they become an extension of our very selves, the more sensitive and revealing subscriber identification information becomes."

The Conservative government abandoned the legislation in February following a public outcry.

The bill would have allowed police, intelligence agents and competition bureau officers access to Internet subscriber information — including name, address, telephone number, email address and Internet Protocol (IP) address — without a warrant.

Currently, the release of such data held by Internet service providers is voluntary.

Opponents of the bill said allowing authorities access to Internet subscriber information without a court-approved warrant would be a worrisome erosion of privacy because even that limited data can help paint a candid picture. **THE CANADIAN PRESS**

What does your freedom look like?
Turn to page 8



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Reported March 15

Charges laid in sexual assault of child at daycare

Ottawa police charged a man following a report of a sexual assault on a child at a daycare in Ottawa.

On March 15 a parent reported to Ottawa police that their child was sexually assaulted by the daycare provider.

On May 17 the sexual assault and child abuse unit charged Jeffrey Steven Wills, 39, of Ottawa, with two counts of sexual assault, two counts of sexual interference and two counts of invitation to sexual touching. His next court appearance is scheduled for June 6.

The daycare hasn't been operating since the start of the investigation, and Wills was released with bail conditions barring him from being alone with, or being near places frequented by, children.

METRO

Search warrant executed

Two men charged with possession of child pornography

Two men have been charged with possession of child pornography after Ottawa police executed a search warrant May 21 and seized laptops and other electronics.

Steve Young, 52 is charged with possession of child pornography and Roy Young, 21, is facing counts of possession and distribution of child porn. Both men were to appear in court Wednesday. METRO



Dr. Joel Fish, who runs the burn unit at Toronto's Hospital for Sick Children, leaves the Ottawa courthouse Wednesday, after testifying in the first-degree murder trial of Mark Hutt. JOE LOFARO/METRO

Jones' burns were not self-inflicted: Expert

First-degree-murder trial. The wife of the accused would have almost certainly survived with medical treatment, doctor says



JOE LOFARO
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Burns that covered 35 to 40 per cent of Donna Jones' body and eventually led to her death were consistent with injuries from a scalding liquid and were not self-inflicted, an expert said Wednesday.

Jones' burns were likely caused by a hot liquid poured

from something like a large kitchen pot, said Dr. Joel Fish, head of Toronto's Hospital for Sick Children burn unit as he testified in the first-degree-murder trial of Jones' husband, Mark Hutt, 36.

Jones' body was found Dec. 6, 2009, in the basement of the Barwell Avenue home she shared with Hutt. The jury heard Tuesday from police witnesses that Hutt told officers his wife was apparently burned during a drunken fall into a fire pit.

However, the Crown said in opening arguments Hutt changed his story a few hours later in a videotaped police interview, saying he accidentally doused Jones with boiling water. He also said his wife refused to go to a hospital in the

days leading up to her death.

The 12 jurors were shown extremely graphic photographs Wednesday of Jones' body, showing burns on her shoulders, abdomen, back, finger tips, breast area, and thighs. Fish described the burns on her upper back and right shoulder as "beefy, red."

"All of those areas are really third-degree burns," said Fish.

He agreed with Crown prosecutor Vikki Bair, who suggested Jones could have been crouched down when she was scalded, judging by the pattern of the burns.

Based on his analysis, Fish said the burns were likely 10 or 11 days old when police were called to the home following Hutt's 911 call. After

Ongoing

The trial continues Thursday.

that time frame, Fish said, bacteria starts to grow on the outer layer of the skin.



He said he would normally treat patients with these kinds of serious burns right away to prevent infection and reduce the "excruciating" pain.

"Purely out of just basic humanity, we put them on morphine," said Fish.

He described Jones' wounds as "a massive injury" which could have been treated by skin grafts.

"It is hard to comprehend how anyone would not seek medical attention," said Fish.

1 NEWS

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Kids from communities hit by shooting deaths need a voice, resident says

A push for peace.

Local councillor counters that there are already outreach programs to help



GRAHAM LANKTREE
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With the first anniversary of the unsolved murder of friend Levy Kasende coming up in August and the shooting death of music collaborator Malik Adjokatcher fresh in his mind, Vincent Lubasi-Libweshya says he's had it with Ottawa's street violence.

"Youth are starting to die and we're no longer willing to wait," said the 28-year-old self-described outreach worker Tuesday as he put out a call for the city to help him create positive programs in the row-housing projects of the Ritchie Street community where aspiring rapper Adjokatcher was gunned down before midnight May 14.

"He was producing his own music. I didn't see anything like it at all in the west end," said Lubasi-Libweshya, who performed as M. Jones when working with Adjokatcher to record a few tracks.

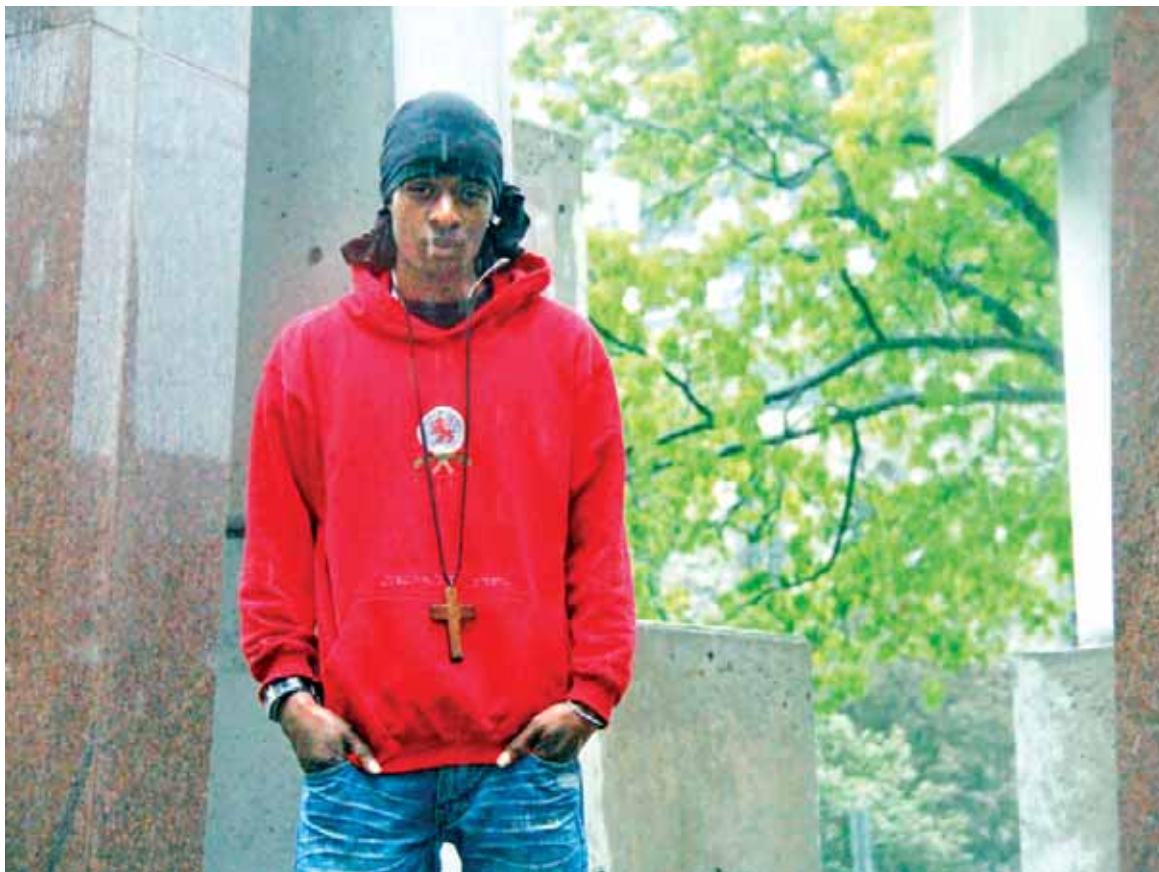
"I know exactly the story he was trying to tell. Malik's story was a struggle. He knew his music wouldn't be for everybody. It's for people who understand what he went through."

Because of the Britannia community he lives in and its reputation, Lubasi-Libweshya said, he and other community members are finding it hard for other citizens on the outside to trust them, making it difficult to get their message out.

Yet he believes that a concert featuring music from all the talented youth there would do wonders to bring them together. He says a concert would give the youth of Britannia the chance to share their message and a part of their lives with the rest of Ottawa. He's looking to work with a local non-profit, such as the Boys and Girls Club, to make it happen.

"This is a chance for the city to understand that a lot of parents have seen their children die and this will continue happening unless the city realizes that the problems these communities are having are not going to solve themselves," he said.

The area's city councillor, Mark Taylor, agrees that some outside intervention is needed, but says crime overall in



Vincent Lubasi-Libweshya, who lives in the Britannia area community where Malik Adjokatcher was shot dead on May 14, says it's time the city stepped in with more social programs to tackle the area's violence. GRAHAM LANKTREE/METRO

Coming together

"This is a chance for the city to understand that a lot of parents have seen their children die and this will continue happening unless the city realizes that the problems these communities are having are not going to solve themselves."

Britannia resident Vincent Lubasi-Libweshya, who says a concert featuring the community's youth would help them share their message and a part of their lives with the rest of the city

the area is down.

"This is not the kind of neighbourhood where you will get randomly mugged. There are people involved in bad activities, and guess what — bad things find them."

On May 27, Taylor said, he will lead a community discussion at the Michele Heights Community Centre "so that

we can talk about what some of the solutions might be."

"The challenge isn't that support programs don't exist," he said, noting that there are no less than two dozen kinds of community outreach going on in the area. "It's just that around these youth there isn't an environment of people who push

them into those programs."

Lubasi-Libweshya said he has other ideas about how the community could help itself and help the city provide the foundation for youth-centred activities. One of his aims is to start a fundraising campaign beginning this Saturday, leading up to the anniversary of Kasende's death

Aug. 25, to raise \$25,000 for a scholarship so that Kasende's daughter Jayla-Marie can go to school.

"Maybe a couple more cameras wouldn't be such a bad idea," he mused on how the area could be made safer. "But why don't we do something to change this community?"

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Mayor Jim Watson looks on as Yeshi Esayas, 26, of Ethiopia, crosses the finish line at the Ottawa Race Weekend marathon last May. Esayas' time was 2:28:45. JOE LOFARO/METRO

Elite runners keep their eyes on 'magic prize' in Ottawa race

2:07:57. Beating new record set in Toronto would smash local record set last year



JOE LOFARO
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Ethiopian runners are expected to be among the top of the elite competitors at the Tamarack Ottawa Race Weekend marathon this Sunday.

Manny Rodrigues, ORW elite athlete co-ordinator, said Tariku Jafar, 28, and Teferi Kebede, 32, are two elite runners to watch out for at the finish line as the athletes try to break 2:09:12, a record set by last year's champion, Laban Moiben of Kenya.

All marathon runners, though, will have their eyes set on the "magic prize" of 2:07:57, he said. Kenneth Mungara of

Kenya set that record in Toronto in 2010. As for female runners, Ethiopian Yeshi Esayas is the returning champion with a personal best time of 2:26.

"I think her main competitor is going to be Maria Konovalova. She stands out because the fact that her personal best is 2:23:50 and she's placed in the top 10 in London and Chicago," Rodrigues said.

Compared to the Boston Marathon, ORW is a bigger event overall, with more than 40,000 runners in the marathon, 2-km, 5-km and 10-km. Almost 30,000 runners competed in Boston, said ORW president and race director, John Halvorsen.

Following the Boston Marathon bombing, which left three people dead and more than 200 injured, Halvorsen said people can expect to see an "enhanced" Ottawa police presence on the ground this year.

"We're also working with messages to the runners and the spectators to be aware that, of course because of what happened in Boston, there's a bit of sensitivity around packages, bags and so on," said Halvorsen. "So we will be reminding people to leave as much as they can at home, not to leave baggage unattended."

Spectators will have to check their baggage as a precautionary measure, but organizers will be handing out clear plastic replacement bags.

"We've got to be a little more careful as to what we accept," said Halvorsen. "Bags that appear a bit unusual, we'll check them out and that will slow things down unless you use clear bags or come with very light, small bags."

ORW runs Saturday through Sunday in downtown Ottawa. Visit runottawa.ca for more information.

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'Peace pole' banner by Kanata students graces park

Major's Hill. The best banners created by students from across Canada beautify park as part of contest

Bright pencil crayon and marker drawings by kids from several Canadian elementary schools, including one in Kanata, have been unfurled alongside Major's Hill Park as the winners of the NCC's banner contest.

"The one farthest at the end is from Kanata. It's a peace pole," said Kerrie Rodier, the National Capital Commission's co-ordinator for school programs, gesturing toward the cartoonish and colourful stacked design created by two Grade 7 girls at Jack Donohue Public School.

The piece is among the top three winners, out of seven chosen from a pool of 1,049 designs from across the country, and will see both its artists, Sophie Qin and Jenny Dai, take part in a video conference call with Governor General David Johnston May 31.

"It means that people should have peace and happiness in their lives, and they used a First Nations symbol to articulate that," said Rodier, noting that many of the designs submitted in the fourth year of the contest show "there's a lot of concern about the future" among Canada's youth. "That came through in a lot of the entries, not just the winners," she said.

The other winning designs cover everything from the care for Canada's wildlife to a message of diversity in the many coloured eggs of a Canada goose sheltered by its wings.

GRAHAM LANKTREE/METRO



The Peace Pole banner design by Sophie Qin and Jenny Dai of Kanata's Jack Donohue Public School is one of the top three winners of the NCC's Raise Your Voices! National Student Banner Contest. GRAHAM LANKTREE/METRO



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Stolen iPhone: Cops

Police lay robbery charges in online auction ambush

Ottawa police announced they've charged a teen with robbery after the sale of an item posted online went awry.

Police say on May 21 around 4:45 p.m. a man went to meet a person outside a business on Cyrville Road after the man posted an iPhone for sale on an online auction site.

The man was met by

four to five people who then stole the phone and when he chased after them one assaulted him, police said, adding a passerby helped apprehend the attacker until Ottawa police arrived.

Police say the others, described as "black males, ages 14 to 18," were able to escape and were last seen at the rear of an apartment building at 1244 Donald St.

A 17-year-old Ottawa boy has been charged with robbery and has been released from custody. He is to appear in Youth Court June 18.

SEAN MCKIBBON/METRO



Keep calm and Senatr-on

Ottawa Senators super fan Jeremy Strydonck, a.k.a. Senatron, ventures forth to Ottawa city hall for a fan rally that was unfortunately sparsely attended. Undaunted, Strydonck posted to Facebook an enthusiastic 'GOSENSGO!' SEAN MCKIBBON/METRO

London attack leaves man hacked to death

Two suspects hospitalized. British PM says there are 'strong indications' it was a terrorist incident

In a brutal daylight attack which raised fears that terrorism had returned to London, two men with butcher knives hacked another man to death near military barracks Wednesday before police wounded them in a shootout.

In a shocking video broadcast on British TV, one man gestured with bloodied hands, waving a butcher knife in the air and shouting political statements against the British government as pedestrians stood nearby a body lying motionless on the street. Bloodstains coated the street.

British officials said the attack appeared to be an act of terrorism, possibly motivated



A tent is erected near the scene of an attack in London on Wednesday. A British official says a violent attack near a London barracks is being investigated as a possible terrorist act. ALASTAIR GRANT/THE ASSOCIATED PRESS

by radical Islam.

The two suspects remained hospitalized on Wednesday but their identities and that of their victim were not known.

One of them was reported to be in serious condition.

French President Francois Hollande, speaking at a press conference in Paris, said it

was a British soldier who was killed. British Prime Minister David Cameron didn't immediately confirm that fact.

THE ASSOCIATED PRESS

Boston Marathon. Man shot to death during FBI probe into bombing

A Chechen immigrant was shot to death by authorities while being questioned in the Boston Marathon bombing case early Wednesday after he lunged at an FBI agent with a knife, officials said.

Ibragim Todashev, a 27-year-old mixed-martial-arts fighter, was gunned down at his home during a meeting with the agent and two Massachusetts state troopers, authorities said. The agent was taken to a hospital with injuries that were not life-threatening.

The FBI gave no details on why they were interested in Todashev. But acquaintances said Todashev knew one of the Boston Marathon bombing suspects, Tamerlan Tsarnaev, from mixed martial arts fighting.

Tsarnaev was killed in a shootout with police days after the April 15 bombings. His brother, Dzhokhar, survived and is charged with carrying out the attack that killed three people and wounded more than 260.

THE ASSOCIATED PRESS

Afghanistan

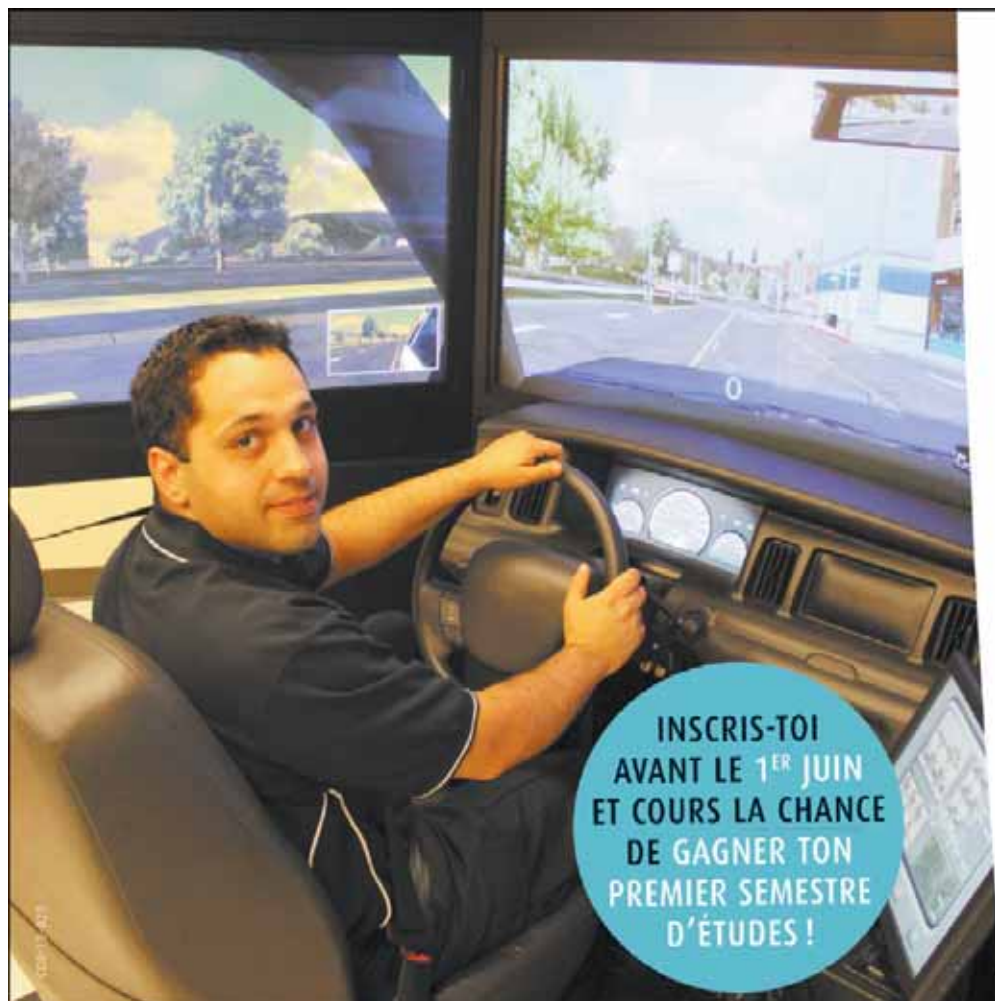
Suicide bomber kills anti-Taliban village elder, 3 others in market

A suicide bomber on foot killed an anti-Taliban village elder and at least three others in a busy marketplace Wednesday in central

Afghanistan, the latest in a wave of assassinations and bombings.

Habibullah Khan was killed along with two bodyguards and a civilian bystander in the afternoon attack in Ghazni province's Moqur district, police said. At least 14 civilians were wounded, most of them shoppers and merchants.

THE ASSOCIATED PRESS



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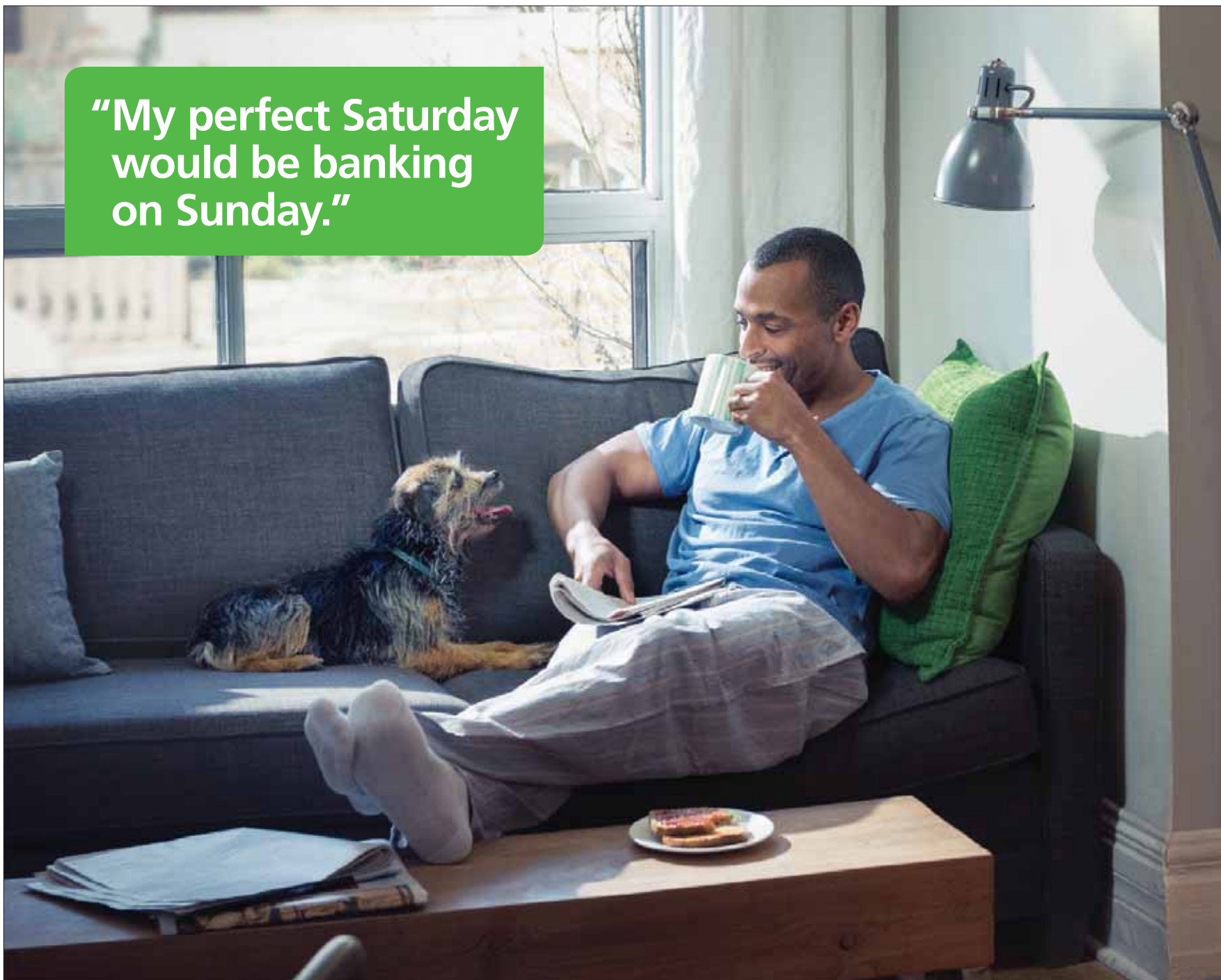
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Hundreds gather to attend memorial for Tim Bosma

Senseless death.

Mourners remember slain Hamilton man as an 'average guy who loved his family and his friends'

Quoted

"This sort of thing doesn't happen in Canada and it doesn't happen to people like us."

Sharlene Bosma

Tim Bosma was a mischievous man with a "crazy laugh," but most of all he was just a regular guy — and it cost him his life, family and friends say.

There was standing room only in a banquet hall in Hamilton, where hundreds gathered to remember the 32-year-old father who was killed after taking two men on a test drive.

Family and friends at the memorial focused on the senselessness of Bosma's death.

"I know that there have been skeptics out there who

seem unable to believe that Tim was not somehow involved in something," his wife Sharlene Bosma said. "This sort of thing doesn't happen in Canada and it doesn't happen to people like us."

It is difficult to accept, she said, because it means it could have happened to anyone.

"But for me, it didn't happen to just anyone," she said, fighting back tears. "It happened to my husband and the father of our child. Tim is my someone. He is my person, my other half."

THE CANADIAN PRESS



Sharlene Bosma pauses during her speech as her father Louis Veenstra looks on Wednesday at a memorial in Hamilton for her husband, Tim Bosma, the Hamilton man found dead after he took two men on a test drive. NATHAN DENETTE/THE CANADIAN PRESS

Ongoing investigation

Second suspect arrested

Hamilton police say a second man has been arrested and will face a charge of first-degree murder in the death of Tim Bosma.

On Wednesday police arrested Mark Smich, a 25-year-old man from Oakville who police say is one of the men who went on the test drive and is to appear in court on Thursday in Hamilton where he'll face a charge of first-degree murder.

A Toronto man, Dellen Millard, is already facing charges of first-degree murder, forcible confinement and theft of a vehicle.

Police are looking for at least one other suspect — a third person they believe was following Bosma's truck in another vehicle.

Police now say that vehicle was a dark blue GMC Yukon SUV owned by Millard.

THE CANADIAN PRESS

Jailhouse interview.

Convicted killer says she 'deserves a second chance'

In a surprise jailhouse interview just hours after a jury began deliberating whether she will live or die, the woman at the centre of a murder case that captivated many Americans spoke out Tuesday about her trial, her fights with her legal team and her belief that she "deserves a second chance at freedom someday."

Arias was convicted last week of first-degree murder in the June 2008 stabbing and shooting death of her one-time lover in what prosecutors described as a cold, calculated killing carried out in a jealous rage. Arias maintains it was self-defence.

Arias provided some new information about her case and how she believed her lawyers let her down by not calling more witnesses who could have bolstered her claims that she was a victim of domestic violence at the hands of Travis Alexander.

Arias acknowledged it was unlikely she would ever be released, but believed she deserves a second chance.

"To this day, I can hardly believe I was capable of such violence. But I know that I was," Arias told jurors. "And for that, I'm going to be sorry for the rest of my life."

THE ASSOCIATED PRESS



Convicted killer Jodi Arias thinks about a question during an interview at the Maricopa County Estrella Jail on Tuesday in Phoenix. Arias was convicted recently of killing her former boyfriend Travis Alexander back in 2008, and could face the possibility of the death penalty. ROSS D. FRANKLIN/THE ASSOCIATED PRESS

Cleveland

Rescued women 'happy and safe'

The three women rescued after being held captive in a house in Cleveland for about a decade want everyone to know they are doing fine and appreciate offers of help.

The message was relayed in a letter released Tuesday by their attorneys.

The letter said Amanda Berry, Gina DeJesus and Michelle Knight are happy and safe. A charity fund to help the women has raised more than \$650,000 US from over 6,800 donors.

"These three brave women have asked us to give this message to everyone who has expressed concern and support," said the attorneys, who are representing the women for free. "Amanda, Gina and Michelle want you to know they are doing well. They are happy and safe and continue to heal, a process that requires time and privacy."

"To have complete strangers offer loving support in the form of money, goods and services, reaching out to help like a family member, is appreciated in ways that are impossible to put into words."

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Harper swears ignorance of \$90K bailout of senator

First public comments. PM says he would have denied chief of staff's donation if consulted

Prime Minister Stephen Harper's government deploys a vast early-warning communications system to warn of potential problems ahead.

But Harper insisted Wednesday that he learned about his right-hand man bailing out an embattled Conservative senator in much the same way as other Canadians did: by seeing it on the news.

"Immediately upon learning that the source was indeed my chief of staff, Nigel Wright, I immediately asked that that information be released publicly," Harper said

at a news conference in Peru, the first time he's taken questions publicly on the scandal.

"Had I obviously been consulted, more importantly, I would not have agreed, and it is obviously for those reasons that I accepted Mr. Wright's resignation."

Wright quit on Sunday as details emerged on him giving Sen. Mike Duffy \$90,000 to repay what he improperly expended for housing. Duffy quit the Conservative caucus last Thursday.

The scandal is under investigation by the federal ethics commissioner; Duffy's expenses in particular are being reviewed again by an internal Senate committee.

The payment allowed Duffy to stop co-operating with the external audit of his expenses. **THE CANADIAN PRESS**



Stephen Harper said he is "extremely angry," but the mess was dealt with promptly. SEAN KILPATRICK/THE CANADIAN PRESS

Senate review

Passage cut in report

The Tory-dominated, closed-door Senate committee studying Mike Duffy's improper housing expenses deleted reference to his failure to co-operate with external auditors before releasing its report.

Another section, which called the language explaining residence rules "unambiguous," was also deleted — but stayed in the reports on other senators.

Duffy, meanwhile, said he's pleased the same committee will be reviewing his expenses once again.

THE CANADIAN PRESS

Toronto mayor's brother condemns crack craze



Mayor Rob Ford stayed silent on Wednesday. STEVE RUSSELL/TORSTAR NEWS SERVICE

Rob Ford's staunchest supporter attempted on Wednesday to quell the controversy raging around Toronto's mayor over his alleged use of crack cocaine by citing his record in office and blasting the media.

"Rob is telling me these stories are untrue, that these accusations are ridiculous," said Coun. Doug Ford.

"And I believe him."

Ford did little to douse the flames sparked by reports last week from the website Gawker and Torstar News Service. They say the mayor appears to have

been caught on video smoking crack and making homophobic and racist remarks.

The mayor's only comments came Friday, when he briefly called the allegations "ridiculous" and suggested Torstar was out to get him.

Instead, Doug Ford lauded his brother's achievements — such as balancing the budget — before lashing out at the media.

He accused reporters of going on a witch hunt, reserving his harshest criticism for Gawker.

"What you are doing is disgusting," Ford said. "Giving away prizes to try to raise money for drug dealers and extortionists is disgraceful."

Gawker has been trying to raise \$200,000 to buy and post the video, reportedly being shopped around by a west-end drug dealer.

"Never has a Canadian politician, or his family, been targeted by the media this way," Ford said. "They zealously stalk my mother, my children — the media hides in the bushes at our cottage." **THE CANADIAN PRESS**

Kicked off the team

In another blow Wednesday, the Toronto District Catholic School Board dropped the mayor as volunteer football coach of the Don Bosco Eagles.

- Ford allegedly disparaged the players in the video.

- The board made no reference to the drug allegations in a statement.

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For Sasha Menu Courey, the end came far too soon

Borderline personality disorder. Parents take up the cause for daughter diagnosed with mental illness who committed suicide in 2011



JESSICA SMITH
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Sasha Menu Courey wrote in her diary that dialectical behaviour therapy was “air” to her — no small metaphor for someone who, as a world-class swimmer, knew more than most of us about what it means to breathe.

She killed herself about three weeks later, in June 2011.

Sasha's parents believe she ended her life, at least in part, because she couldn't face leaving the hospital that was giving her the vital dialectical behaviour therapy (DBT) before her treatment was complete.

Borderline personality disorder (BPD) isn't well understood. Chances are you have a distorted idea of it, thanks to shows like *Criminal Minds* or the Jodi Arias murder trial.

When Sasha told her mother Lynn Courey she'd been diagnosed with BPD, Lynn responded with hope, saying, “Oh, it's not bad, you're on the borderline of a personality dis-

order.”

“I didn't know anything then,” Lynn said recently as she sat with her husband Mike Menu and daughter Kaya Menu Courey in the living room of their Toronto home. “I didn't know.”

What is BPD?

People with BPD have difficulty controlling their emotions and impulses, explained Dr. Shelley McMain, head of the Borderline Personality Clinic at the Centre for Addiction and Mental Health (CAMH).

Trying to cope

“But my kid had just tried to kill herself. We left this place with shame and guilt. What did we do to our daughter for her to feel this way?”

Lynn Courey, Sasha's mother

Although BPD is not uncommon, treatment is hard to come by. CAMH is the only hospital in Toronto with a clinic devoted to treating BPD, and one of only a handful in Canada.

What is DBT?

CAMH treats BPD patients with dialectical behaviour therapy, a talk therapy developed in the 1990s. One key component is validation — therapists treating patients' emotions as real, instead of saying they're

wrong to feel the way they do. Lynn and Mike would try to comfort Sasha and tell her she shouldn't be sad, but their response would make her feel angry or misunderstood.

Another component of DBT is learning mindfulness, which is “being aware of the current moment without judgment, being present,” McMain said.

Sasha Menu Courey

Sasha was born March 10, 1991, sensitive from the start but physically strong. “She was born with muscle,” Lynn said.



Sasha Menu Courey, who died in June of 2011. COURTESY OF FAMILY OF SASHA MENU COUREY

BPD education

Lynn Courey and Mike Menu are on a mission to educate people about BPD and DBT.

- They run the Sashbear Foundation (sashbear.org) and are holding its first Borderline Walk on May 26, beginning in Sunnyside Park in Toronto.

said. “And then she tried to kill herself in May 2007.”

Sasha's parents took her to the hospital, where a psychia-

trist diagnosed her with nothing more than teen angst.

“But my kid had just tried to kill herself,” Lynn said. “We left this place with shame and guilt. What did we do to our daughter for her to feel this way?”

Sasha went on to swim with the junior national team, then accepted a full scholarship at the University of Missouri.

But when a back injury forced her to stop swimming, the problems of 2007 returned.

Sasha checked herself into a hospital in Columbia, Mo., and was diagnosed with BPD. The night she was released, she and another girl told her par-

ents they were going out to let off steam. In reality, they had a suicide pact.

Both girls survived, and Sasha's parents tried to bring her home to Ontario for treatment, but CAMH's waiting list was too long. So they took her to a private hospital in Boston that cost \$44,000 a month.

There, Sasha improved as she and her parents learned about BPD. But the cost forced her family to arrange to take her back to Canada.

Sasha didn't make it home. “She wanted to live,” Lynn said. “She loved life. She just couldn't live with this excruciating pain.”



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FAMILY PLANNING



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BE PROACTIVE, CONSCIOUS OF YOUR FERTILITY AT AN EARLY AGE

The face of infertility often looks like this — young, attractive, employed, fit and inexplicably unable to conceive. Much like that of Danielle Xavier, 30, of Toronto.

Xavier started planning for her future

family in her 20s. Xavier says she started thinking about her fertility early for a couple of reasons. Ten years ago, during a regular checkup, she had some abnormal cells come back positive for cervical can-

cer. The cells were promptly removed, but she always had pain during ovulation that was never fully explained. Her doctor was proactively monitoring Xavier when she began dating her future husband, Sean.

At 25, the Xaviers began trying to start a family, but nothing was happening so Danielle was concerned. Her doctor immediately took action. She started fertility treatments right away.

"In the pit of our stomachs, we knew that if we did not start early enough we may risk waiting too long and miss an opportunity. I was 25 years old and going through infertility treatments."

Xavier says people often said that she was too young to worry about infertility. They made comments such as, "Oh, you have lots of time."

Xavier is now 30, works at a successful logistics company, and still has unexplained infertility. Together, she and her husband have exhausted a lot of the treatments and financial resources, too.

"Now, nobody makes those comments any more. As a matter of fact, if I had not taken it so seriously and not done everything we have done so far, then who knows where we would be? It was only because my doctor, my spouse and I were proactive that we even have a chance to save up for IVF before it's too late."

The Xaviers are still working their way through the emotional journey of infertility, but both feel their options would have been severely limited if they had waited until their 30s to start inquiring about fertility.

"Being proactive and conscious of your fertility from an early age is one way to alleviate some of the pain of this experience."

SURVEY REVEALS GAPS IN FERTILITY KNOWLEDGE

So you know all about the birds and the bees and the basics of biology, but what about your own fertility?

According to a new survey, many women are missing important information that can help them take a more proactive role in family planning.

A recent survey of female members of the Metro Panel, a reader advisory board of Metro News Group, sponsored by EMD Inc., Canada revealed that only 39 per cent of respondents are confident they know enough about their fertility in order to successfully plan for a family.

"The results of this survey confirm that there are still major knowledge gaps that exist that impair a woman's ability to take charge of her fertility," says Gloria Poirier, acting executive director for the Infertility Awareness Association of Canada (IAAC).

One major area of misconception is the age at which a woman's fertility begins to decline. Of the group surveyed, 27 per

cent mistakenly believed that fertility drops after the age of 40. As many as eight per cent of those surveyed thought fertility does not decline until after age 50, or even at menopause. In fact, a woman's fertility declines much earlier in life, at around age 28.

"A woman is born with all the eggs she will produce and fertility begins to decline much earlier than people think," says Dr. Arthur Leader, professor of obstetrics and gynecology at the University of Ottawa and founding partner of the Ottawa Fertility Centre.

There were some positives in the survey results. A majority (56 per cent) agree that infertility is a medical condition and an overwhelming number of people (73 per cent) said they would consult their GP if they had questions about fertility. Yet, less than 10 per cent of respondents have had their fertility tested.

When it came to questions about in vitro

fertilization, which is often the most effective treatment and sometimes the only way infertile couples can conceive, the answers were highly inaccurate. Only 25 per cent of respondents guessed the price tag of IVF at \$5,000 to \$10,000. And more than half (55 per cent) said if they needed treatment they would have no idea how to pay for it.

Leader notes a few things women can do to preserve fertility. Diet and exercise contribute to overall health.

"Exercising won't make you more fertile, but lifestyle choices like not smoking, drinking less than two alcoholic drinks per week, protecting against sexually transmitted diseases and maintaining a good body weight are key to protecting a woman's fertility."

Leader encourages a woman to see her doctor right away if she has concerns.

Your doctor can order tests, funded by OHIP, to help identify any risks in your ability to conceive.

RESOURCES

The following Ontario-based organizations offer resources for people struggling with infertility and advocate for better awareness and access to fertility treatments:

Infertility Awareness Association of Canada (IAAC) — iaac.ca/

Conceivable Dreams — conceivabledreams.org/

Canadian Infertility Awareness Week is May 19-26. Many groups and organizations are hosting a variety of events to boost awareness.

Follow the #ohip4ivf conversation on Twitter (twitter.com/iaac_acsi/ or twitter.com/ohip4ivf) and Facebook (facebook.com/conceivabledreams/ or facebook.com/pages/Infertility-Awareness-Association-of-Canada/).

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Canada lifts ban on gay men donating blood

Canadian Blood Services. But new policy won't satisfy all critics with lengthy deferral period

Canada is lifting a nearly 30-year-old ban on gay men giving blood, though for the time being only those who are abstinent will be allowed to donate.

The new policy, which Canadian Blood Services hopes to have in place by mid-summer, will allow men to donate blood if they haven't had sex with another man for five years before the donation.

The agency understands the length of this deferral

won't satisfy all critics. But agency executive Dana Devine said this is the first step in what Canadian Blood Services hopes will be a continued effort to work out what is the best approach to incorporating gay men into the donation community.

"So the message to them today is to simply bear with us," said Devine, vice-president of medical, scientific and research affairs at Canadian Blood Services.

"We are working toward attempting to make the opportunity for additional people to donate blood... and we just aren't quite there yet for that group of people."

The policy change has been in the works for several years and has involved con-

A step forward

"It is a step in the right direction regarding non-discrimination and stigmatization of gay men."

Dr. Mark Wainberg, McGill University HIV researcher

sultation with groups representing would-be donors as well as hemophiliacs who rely on blood transfusions and those who could be harmed if screening systems aren't adequate to keep pathogens out of the blood supply.

Health Canada gave approval to Canadian Blood Services and its Quebec equivalent, Hema-Quebec, on Wednesday.

THE CANADIAN PRESS



Getting a new face

A 33-year-old Polish man whose face was torn off by stone-cutting machinery gives a thumbs-up gesture on Tuesday, six days after undergoing a total face transplant in Gliwice, Poland. Doctors at the Cancer Center and Institute of Oncology in Gliwice said it was the first time a life-saving face transplant was carried out soon after a recipient suffered damage. THE ASSOCIATED PRESS

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Notorious Weiner announces bid for New York City mayoralty

Tilting the camera up.

Sexting-scandal-plagued politician begins rep rehab in YouTube video

Anthony Weiner's run for a renaisance is officially on.

The ex-congressman whose career imploded in a rash of raunchy tweets two years ago said in a YouTube video announcement late Tuesday that he joined the New York City mayoral race. He'd said last month he was considering it.

"I made some big mistakes and I know I let a lot of people down, but I also learned some tough lessons," he said in the video. "I'm running for mayor because I've been fighting for the middle class and those struggling to make it my entire life. And I hope I get a second chance."

With that, Weiner is em-

Back into the ring

"I made some big mistakes and I know I let a lot of people down, but I also learned some tough lessons." Anthony Weiner

barking on an comeback quest, hoping to go from punch-line pol — whose tweeted crotch shot was emblazoned on the nation's consciousness — to leader of America's biggest city.

The Democrat is jumping into a crowded field for September's primary. He's arriving with some significant advantages, including a \$4.8-million campaign war chest, the possibility of more than \$1 million more in public matching money, polls showing him ahead of all but one other Democrat — and no end of name recognition.



Former U.S. Rep. Anthony Weiner appears with his wife, Huma Abedin, in a YouTube video announcing he will enter the New York mayoral race on Wednesday in New York City. PHOTO ILLUSTRATION BY MARIO TAMA/GETTY IMAGES

His participation makes a runoff more likely, and many political observers feel he could at least get to the second round. Weiner has taken a series of

steps recently to rehab his image and reintroduce himself, including a lengthy magazine profile and a series of local TV interviews.

He also has released a platform of sorts, a list of ideas styled as a blueprint for helping the city's middle class thrive.

THE ASSOCIATED PRESS

The scandal

Anthony Weiner has continued to contend with questions about his character and the scandal that sank his career just two years ago.

- **Twitter bulge.** After a photo of a man's bulging, underwear-clad groin appeared on his Twitter account in 2011, he initially claimed his account had been hacked.
- **Confession.** After more photos emerged — including one of him bare-chested in his congressional office — the married congressman eventually owned up to exchanging racy messages with several women, saying he'd never met any of them. He soon resigned.

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Twister's damages estimated at \$2B

Moore, Okla.
Six people still
unaccounted for
in 'Tornado Alley'

The tornado that tore through an Oklahoma City suburb destroyed or damaged as many as 13,000 homes and may have caused \$2 billion in damage, officials said Wednesday.

State authorities meanwhile said two infants were among the 24 people who perished in the twister.

Oklahoma Insurance Department spokeswoman Calley Herth told The Associated Press that the early damage tally is based on visual assessments of the extensive disaster zone that stretches more than 27 kilometres and the fact that Monday's tornado was on the ground for 40 minutes.

For the first time Wednesday, authorities provided a clearer accounting of the destruction in Moore, a town of about 56,000 in a central U.S. region known as "Tornado Alley." Moore was also hit by a



Susan Kates salvages items from a friend's tornado-ravaged home Wednesday in Moore, Okla. CHARLIE RIEDEL/THE ASSOCIATED PRESS

massive tornado in 1999.

Between 12,000 and 13,000 homes were destroyed or damaged and 33,000 people were affected in some way by the storm, said Oklahoma City Mayor Mick Cornett, speaking at a news conference. He also put the monetary damage estimate at between \$1.5 billion to

\$2 billion.

Emergency officials were unable to put a figure on the number of people left homeless, because many people have been taken in by relatives and only a few dozen have stayed overnight at Red Cross shelters.

President Barack Obama will travel to Moore on Sunday

to view the damage first-hand and meet with victims and emergency personnel.

With her son holding her elbow, 83-year-old Colleen Arvin walked up her driveway Tuesday to see what was left of her home of 40 years.

Part of the roof was sitting in the front yard, and the siding

from the front of her home for the past 40 years was gone. As her son and grandsons picked through what was left of her belongings, Arvin found some dark humour in the situation.

"Oh, thank God," she said when a grandson brought over her keys. "We can get in the house." **THE ASSOCIATED PRESS**

Stay safe, Canada

'When thunder roars, go indoors'

Canada's most severe tornado, which touched down in Elie, Man., in June 2007, did not result in any fatalities.

Many of those who witnessed the storm took shelter in basements or other low-lying areas.

Such a move tops the list of government recommendations for tornado survival. The guidelines also encourage Canadians without access to a basement to take cover under sturdy pieces of furniture away from doors, windows or outside walls.

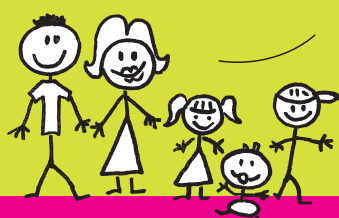
"When thunder roars, go indoors," said Geoff Coulson, warning preparedness meteorologist with Environment Canada.

THE CANADIAN PRESS

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Together we can help all kids play



Eatery owners show how not to behave online

Social media. Arizona restaurateurs' poor conduct highlights the importance of dealing with negative reviews

It was the customer service disaster heard around the Internet.

A Scottsdale, Ariz. restaurateur, fed up after years of negative online reviews and an embarrassing appearance on a reality television show, allegedly posted a social media rant laced with salty language and angry, uppercase letters that quickly went viral last week, to the delight of people who love a good Internet meltdown.

"I AM NOT STUPID ALL OF



Amy's Baking Co. in Scottsdale, Ariz., temporarily closed after an episode of Kitchen Nightmares aired. THE ASSOCIATED PRESS

YOU ARE," read the posting on the Facebook wall of Amy's Baking Co. in Scottsdale, Ariz. "YOU JUST DO NOT KNOW GOOD FOOD."

It was, to put it kindly, not a best-business practice. Add to that an appearance earlier this month on the Fox reality TV show Kitchen Nightmares —

where celebrity chef Gordon Ramsay gave up on trying to reform the restaurant after the owners refused to listen to his advice — and you have a recipe for disaster.

"That's probably the worst thing that can happen," said Sujay Patel, founder and CEO of Single Grain, a digital marketing agency in San Francisco.

In the evolving world of online marketing, where the power of word of mouth has been wildly amplified by the whims and first impressions of anonymous reviewers posting on dozens of social media websites, online comments, both good and bad, and the reactions they trigger from managers, can make all the difference between higher revenues and empty storefronts. THE ASSOCIATED PRESS

Real estate. Home-buying intentions remain relatively strong, bank report finds

A new report suggests nearly half of Canadian homeowners intend to buy a property in the next five years, despite a cooling off in the housing market.

The BMO Housing Confidence Report says the 48 per cent figure is mostly unchanged from late 2012, suggesting continued confidence in the housing market.

Among major cities, the report found a five-point gain in buying intentions in Vancouver while Calgary was down by 13 points.

Buying intentions in the Greater Toronto Area and Montreal have held steady, while Atlantic Canada has seen a 15 per cent jump in buying intentions.

The bank's report further suggests close to half of all homeowners under 40 intend to purchase a larger home within the next five years.

The BMO report by Pollara was based on online interviews with a random sample of 1,008 Canadian homeowners between Feb. 21-27.

THE CANADIAN PRESS



Economic impact

Housing slowdown could cost 150K jobs, group warns

Canada's housing market is slowing dramatically in terms of both sales and construction, dragging down economic growth and putting some 150,000 jobs at risk in coming years, the Canadian Association of Accredited Mortgage Professionals warns in its spring report. The group stops short of calling the slide that began about nine months ago a crash. THE CANADIAN PRESS

Market Minute

DOLLAR
96.41¢ (-0.98¢)

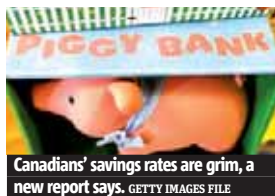
TSX
12,752.50 (+10.07)

OIL
\$94.28 US (-\$1.90)

GOLD
\$1,367.40 US (-\$10.20)

Natural gas: \$4.18 US (-1¢)
Dow Jones: 15,307.17 (-80.41)

Paying bills empties the piggy bank, study finds



Almost a third of Canadian households report never or almost never having any money left to save after paying their bills, according to a new study issued Wednesday.

Households that reported no wealth accumulation tended to be working, middle-aged

people — although of varying income levels, says the study by the Certified General Accountants Association of Canada.

"They felt that their incomes were not keeping pace with the cost of living," said Rock Lefebvre, co-author of the study, which surveyed more

than 1,800 people.

Consumer consumption, such as the use of home equity lines of credit, was among things hurting the accumulation of wealth, Lefebvre said.

"This consumption pattern that has emerged over the last decade ... is playing havoc with

people's ability to save," he said.

"Because of the low interest rates coupled with the behaviour of borrowing, people are possibly buying homes and cars that are a little more expensive than what they would typically be able to afford."

THE CANADIAN PRESS

By the numbers

\$6,600

The report found that the wealth of an average Canadian adult was only \$6,600 in 2012, or 2.7 per cent higher when compared to the wealth controlled by households at the beginning of 2008. It also found that only three in 10 households surveyed believed the accumulation of wealth was a very important personal goal.

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MY GOOGLE GLASS IS HALF EMPTY

Attention early adopters: Google Glass is on its way, and the new wearable technology is going to completely revolutionize the way that humans irritate each other.

The computer/eyeglasses hybrid hasn't yet been released to the general public, but Google Glass is already at the centre of the great debate that accompanies the arrival of any major new technology.

Namely: Is it a force for evil, or for good?

Is Google Glass a further erosion of our privacy, like CCTV cameras or the mirror? Or is it a great tech leap forward, like the jump from Nintendo to Super Nintendo?

My best guess? Neither. There will be a few innovative uses, sure, and a few major misuses, and a totally disproportionate amount of porn.

But I suspect people who think there will be life-altering repercussions might find that there's a Glass ceiling to be hit.

I've seen the glasses described as "augmented reality," which seems like a bit much. It's not as if it will provide a holo-



HE SAYS
John Mazerolle
metronews.ca

deck-like experience, allowing you to walk the vast empty expanse of Google Plus in 3D.

Google Glass is, for all intents and purposes, just a hands-free iPad.

Which is why I say its major impact will be providing innovative ways for people to irritate each other.

Look deep into the crystal (display) ball and you'll see what I mean:

- First the general public will scoff at the early adopters standing in line on Opening Day, then the early adopters will roll their eyes a few months later as moms and dads buy each other Google Glasses for Christmas

- Eventually there will be different styles and capabilities of Google Glass, and they'll become status symbols, with each clique annoyed that the other owns the device for the "wrong" reasons. Presumably the hipster Google Glasses won't even have lenses.

- There will be some anti-Glass protest groups decrying the end of privacy. They will make many good points, but they'll also be so smug and self-important that you'll be glad their cause is hopeless.

- One moronic motorist will, say, drive into scaffolding while playing Angry Birds on his glasses, setting off numerous idiotic political debates that will accomplish nothing. A U.S. senator will say something about the glasses that show he has not used a new piece of technology since the Vic-20.

- Once the device is ubiquitous, it will be hard to tell whether random people are Googling, which means Google Glass will combine the phone app annoyance of being ignored, with the phone call frustration of hearing only half a conversation.

In short, these new Portable Annoyance Devices, or eye-PADs, will be deeply irritating at times. But they're not going to hasten the end of civilization, either, and you'll probably own one eventually.

Like all technology, Google Glass will only be as good or as bad as the humans who wield it. So we probably are doomed. But only to disappointment. Google Glass half full?

ZOOM

These automatic flowers will do



LAURA HENDRIKS/WIM NOORDUIN

Microscopic crystals bloom in beaker

Scientists at Harvard University have been able to grow microscopic crystals into dainty "flower" structures on a beaker of chemical fluid.

Dr. Wim Noorduyn and his team at the Harvard School of Engineering and Applied Sciences (SEAS) found they can control the growth

behaviour of crystals to create intricate molecular objects. Two chemical compounds are dissolved in water in a simple glass beaker.

As CO₂ enters the beaker from the air, it triggers reactions that result in forming microscopic objects, a process that takes up to four hours.

"By manipulating the mixture's conditions, like

adding some acid or kitchen salt, a large diversity of shapes — from vases to corals — can be made," says Noorduyn.

"When zooming in using an electron microscope, you see that inside the beaker a vast landscape of complex, sculpted microstructures has evolved in which you can get completely lost. It really feels like you are diving in an alien coral reef," he added. **METRO**

Petals in zoom

50

micrometres (0.00005 metres) is the size of one "flower" — equivalent to the width of six red blood cells, or smaller than the thickness of a bank note. While Noorduyn admits that "there are no practical applications yet," making these aesthetically pleasing objects "moves towards the control that is required for many practical applications, such as optical materials and catalysts."

Click bait



HANNAH ZITNER
hannah.zitner@metronews.ca

Just in time to start tabling your summer travel plans, a new gastro-site is helping connect tourists with local foods. Imagine Airbnb meeting Feastly, and you get the idea: **Cookening.com** is a site dedicated to matching eager chefs with hungry tourists (though locals are invited, too). **Cookening** doesn't have what you're looking for? Try these similar sites:

EatWith.com
Your taste buds will be tickled in New York, Spain and Israel with this site.

Kitchen.ly
This one transforms the dining experi-

ence by allowing users to register as cooks.

Eatfeastly.com
Chefs in Canada and the U.S. participate in this foodie frenzy.



Twitter

@metropicks asked: Are you worried about Canada's reputation abroad because of Rob Ford?

@joshmcconnell: A prominent appearance on The Daily Show with Jon Stewart means we have made it. People know it is an outlier situation anyway.

@A_McDo: No, the world will soon return to never, ever thinking about Canada.

@NikkiLambTudico: I'm not worried. Firstly, he doesn't represent all of Canada. Second, no country is immune to

idiotic politicians. #dimeadozen

@FrenchmanCanada: I'm more worried about the allegations being true.

"I don't care what they say about me as long as they spell my name correctly." - Canada

@RealMarcDunn: It's sad that one of the most diverse & wonderful cities elected a mayor who continues to exemplify everything Canada is NOT.

Follow @metropicks and take part in our daily poll.

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SCENE 2

Politics and SpongeBob

Nation 2 Nation. New album explores issues of aboriginal identity, yes, but there's a lot more to it than that



BACKSTAGE PASS

Samantha Everts
ottawa@metronews.ca

From working at Barrymore's to tearing up the stage at European festivals, Ottawa's A Tribe Called Red's success is exploding.

Their second album, *Nation 2 Nation*, blends traditional First Nations powwow vocal chanting and drums with electronic dance music.

"It's already blowing any expectations we had," said DJ Bear Witness, of the trio's success.

The Idle No More Movement (an aboriginal rights protest movement) threw A Tribe Called Red into the spotlight when music from their 2012 Polaris prize-nominated self-titled album began getting played at marches.

They were honoured to write *The Road* in solidarity with the movement.

"I wouldn't call myself an activist," said Witness, "Just making music is political when you're doing it as part of the aboriginal community."

Unlike their first album, *Nation 2 Nation* has a cohesive theme meant to spark discussion of aboriginal rights and the growing political movements. Though two songs are in English, lyrics are mostly in native languages.

But A Tribe Called Red's music isn't all political; some of the lighter song topics might surprise fans.



DJ NDN, DJ Shub and DJ Bear Witness feature electric powwow beats on their new album, *Nation 2 Nation*, released in early May. SUPPLIED

"There's songs about Facebook and SpongeBob SquarePants in there," said Witness.

Through their music they have been able to reclaim clichés.

"A big part of what we do is exposing people to how alive and strong powwow music and culture is," said Witness. "These aren't old historical recordings (we are sampling from), most of the guys are under 30." With the support of new label Tribal Spirit, finding perfect beats and vocals for the

All the details

- *Nation 2 Nation* available on Pow wow trail, iTunes and in stores now.

Electric Pow Wow; July 10 @Bluesfest

- Upcoming Ottawa shows: June 8 @ Babylon for

• More info: atribecalledred.com

album was less challenging, "They allowed us to go into their library with 10 tribes on it and allowed us to remix it," he said.

Creativity flowed instantly from the modern recordings.

"Before we had to wait for the drum and vocal breaks from one mic-sets," said Wit-

ness.

For the first time they were able to bring female vocals to the forefront, like on *Red Riddin'*, a female-led round dance song. "Traditionally women are backup in powwow, (now) multi-track means we were able to go in and pull out just the female vocals."

Fittingly, Tribe has come to represent a new generation of aboriginals bringing their culture to a wider platform — and that's a beat everyone can dance to.

BRiO

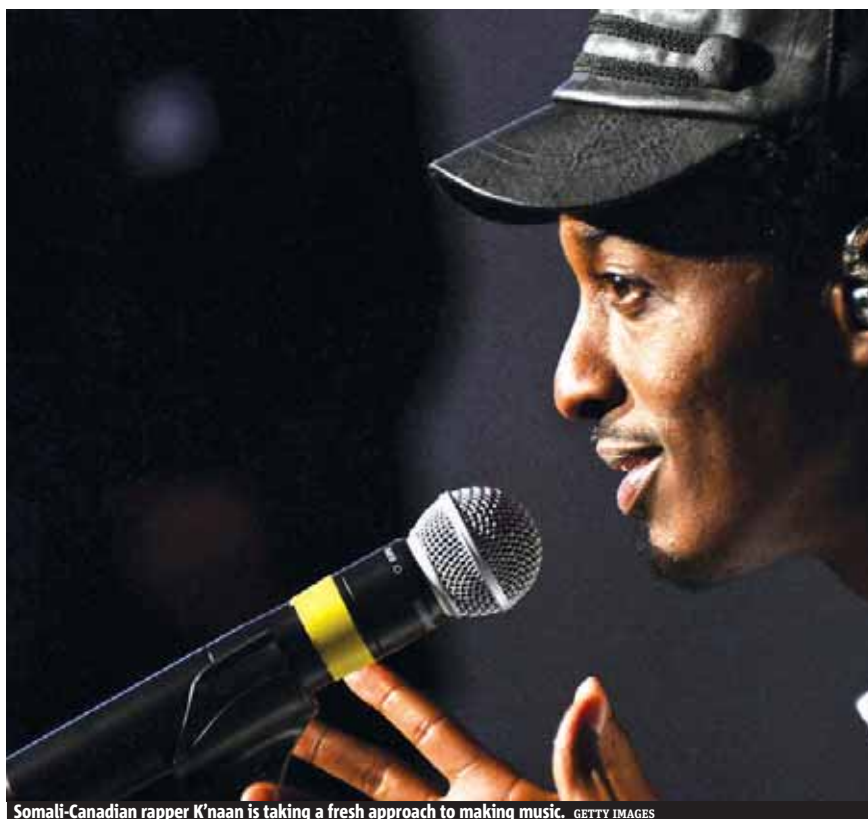
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Somali-Canadian rapper K'naan is taking a fresh approach to making music. GETTY IMAGES

Waving a white flag on chasing his fame

Canadian music.

K'naan working on new songs after deriding 2012 album for chasing U.S. success in the wrong places

Somali-Canadian rapper K'naan says lingering disappointment over his last album is pushing him to write and release a new batch of songs. The Wavin' Flag musician says he's found renewed focus to "be honest" in his work, after playing it too safe with 2012's *Country, God or the Girl*.

K'naan says from Los Angeles that he's writing new material he hopes will be ready this fall.

His disdain for last year's disc was laid bare in a New York Times opinion piece published in December 2012.

K'naan began that 1,200-word article by saying: "Here is a story about fame," and went on to recount label pressure to cater his dense global rhymes to a pop-loving female, teenage U.S. audience.

K'naan, who draws much of his inspiration from his

troubled homeland, now says he's been thinking a lot about the artist he wants to be and the kind of music he wants to make.

"It's a very instinctual album (there's), not a lot of mulling over it," K'naan says of the new songs.

"I just felt like I had to do things this time around that felt pretty urgent to me."

And he is hoping to get the material out into the world as soon as he can, he admits, largely because of regretful choices made with *Country, God or the Girl*.

"The rush is that I didn't really like that album so much, so I think that that's the experience — the reflection of the album I put out has caused me to put out another one," he says of last

year's disc, which nevertheless earned respectable reviews.

"It's not even a mechanical thing; it's the urge to explain the dynamics of things and try to be honest about where I'm at, what my life is and also the difference between writing music that you could write and music that you should write."

In the Times piece, the rapper recounts meeting label executives to discuss how to keep his U.S. audience growing. Their main advice? Change his lyrics because "radio programmers avoid subjects too far from fun and self-absorption."

"And for the first time, I felt the affliction of success," K'naan writes.

THE CANADIAN PRESS

Take chances

These days he says he needs to "be honest about things and not necessarily be safe."

- **Quote.** "My previous work — with the exception of the last record — you wouldn't call those songs safe, you know," he

continues. "They weren't structured around any kind of a pop success or idea around success. They were just what one thought they had to do or say. I think that's kind of like the journey I'm on at this point."

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Daft Punk's new album *Random Access Memories* is getting mixed reviews after being released earlier this week. MATT SAYLES/THE ASSOCIATED PRESS

French electronic duo Daft Punk keeps robot image, try new sound

New album. There are mixed reviews for *Random Access Memories* as the dance music crew tries to expand musically with fourth album

It's tempting to say Daft Punk has gone Hollywood. The influential French electronic duo crafted its first film score, for *Tron: Legacy*, three years ago and are now releasing a well-financed, smartly-hyped pop album featuring what they call an ensemble cast of contemporary singers and veteran musicians.

There's long been a show-biz bent to the work of Thomas Bangalter and Guy-Manuel de Homem-Christo, who for the last 13 years have hidden their faces in public appearances by wearing robot helmets and costumes.

Bangalter compares the mystique-building masks — echoed by musicians including Deadmau5 and MF Doom — to an ever-evolving comic book superhero who starts as a side story “then maybe 50 years later it becomes like a big franchise movie in Hollywood.”

Yet Daft Punk's new album *Random Access Memories*

Like film directors

They started with several days of jam sessions in Los Angeles, then spent four years layering sounds, editing, rearranging and re-recording.

- **Quote.** Bangalter compares the duo to a film director “shooting for months and months, stopping sometimes to do reshoots and then lots of editing.”

isn't the special effects-filled summer blockbuster you might expect. The group that helped popularize electronic dance music in the United States has used almost exclusively live instrumentation on the 13 songs, many modeled on the easygoing groove of late 1970s pop and disco. At a time when drum machines and urgent computer-generated chords dominate the charts, Daft Punk went the opposite direction.

“Human voices in pop music are becoming more and more robotic,” Bangalter said. “(The album) is a robotic project and a technological one that is trying to get more and more human.”

Through arranger Chris Caswell, the group linked up

with players who could evoke their favourite music from Chic, early Michael Jackson, Steely Dan, Fleetwood Mac. Chic's Nile Rodgers, drummer JR Robinson and bassist James Genus lay the musical bed for vocalists including Julian Casablancas, Panda Bear from Animal Collective and Pharrell. It's a long way from the two-man home studio productions that defined the first three Daft Punk albums.

“Making music with musicians and bringing back a certain craftsmanship, that was totally unfamiliar for us. It was somehow a certain fantasy,” Bangalter said. “It's funny because it was somehow a luxury to be able to do that. But at the same time it was not a comfortable position.”

Early response has been mixed to the hotly anticipated album, which streamed on iTunes prior to Tuesday's release. “This album makes me not like L.A.,” DJ-producer Diplo tweeted. “These guys are way smarter than me. I'm definitely missing something.” Billboard called the album “messy” but said it was “fantastic to hear these masterminds trying again,” while Pitchfork praised its musicianship and “amazing level of detail.”

THE ASSOCIATED PRESS

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Get her a vodka rocks, Lucille Bluth is back and ready to go



Jessica Walter returns as the booze-fueled matriarch Lucille Bluth on *Arrested Development*. HANDOUT

Arrested Development. Jessica Walter's 50-year acting career has entered a renaissance, and she's grateful for it

TODD GILCHRIST
Metro World News

By her count, Jessica Walter has been a member of the Screen Actors Guild for 50 years, a period of time that encompasses a vast body of work — dramatic (*Grand Prix*), suspenseful (*Play Misty For Me*), supernatural (*Dr. Strange*) and, most recently, comedic (*Archer*). But for Walter, the forthcoming return of *Arrested Development* offers a reassuring reminder that her career has transcended not just different genres, but different generations.

"Certainly demographical-

ly, there are probably people who thought I was dead," Walter says candidly. "I have people that are my age and older who know who I am, who remember some of my work from the old days, and then I used to get, 'Wow, my mother really likes you.' Then I'd get, 'My grandma really likes you.' And now I get 'I really like you!' So how can I be unhappy about that?"

According to Walter, who plays boozy matriarch Lucille Bluth, virtually every line of dialogue in the 15 new episodes creator Mitchell Hurwitz wrote has a double (or even triple) meaning, much like those in the 53 episodes of the show that were broadcast during its three seasons on Fox. But because each episode now focuses on a different character, instead of simply following Jason Bateman's Michael Bluth, conversational contexts shifted frequently — a change that provided a considerable challenge for Walter and her co-

No writer's block here

"The thing about our show, which I think you probably realize from watching it, is that the writing is so character-specific."

Jessica Walter
On *Arrested Development*.

stars as they navigated their way through Hurwitz's latticework of plot strands and one-liners.

"We didn't know a whole lot, a lot of the time, which makes it much more difficult," she admits. "In the end, it all worked out, but it's a strange way to work because you don't have all of the materials."

Still, the actress says she slipped easily back into the role, even after a seven-year hiatus between the show's cancellation and its rebirth on Netflix.

"The thing about our show, which I think you probably realize from watching it, is that the writing is so character-specific," she observes. "Once I heard Tony (Hale's) voice and once I saw him, there he was with the hook and his pathetic demeanor, he was my little Busty again."

Between Lucille on *Arrested Development* and Mallory Archer on *Archer*, Walter finds herself in the midst of a remarkable career renaissance, a fact she's grateful for, regardless of whether people know her prior to playing these cantankerous, irresistibly manipulative mothers.

"I'm so glad they think of something," she says humbly.

"At my age I'm privileged that they think of something, so it doesn't bother me a bit if they think of me as Lucille. And people have been really nice — they don't seem to think of Lucille as horrible, thank God. But as long as they're thinking of me, it makes me happy."

"APPALLING"
— VARIETY

25 DIRECTORS | 26 WAYS TO DIE

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Kristen Stewart PHOTOS: GETTY IMAGES

KStew and RPattz: Never, ever getting back together?

In the wake of her split from Robert Pattinson, Kristen Stewart is apparently seeking the counsel of a pal who's something of a breakup specialist. The Twilight star was spotted heading to Taylor Swift's Beverly Hills home earlier this week, according to PopSugar. Stewart reportedly "spent

all day there" before heading home. This comes after Pattinson was seen removing his possessions and dogs from Stewart's house. "She tried, they both tried," a source tells Us Weekly of the split. "They're both good people. It was just not the right thing for either of them right now."



Angelina Jolie and Brad Pitt

Brad and Angie: Still gaga

Brad Pitt and Angelina Jolie aren't afraid to show their affection for each other — even if their kids protest, to hear Pitt's pal, Frank Pollaro, tell it. "Once I walked in and Angie was standing there and Zahara walked up and said, 'Daddy, you're not going to start

making out with Mommy again, are you?'" Pollaro tells Esquire. "And it's like that. This is a guy who has tried not to do any sexy scenes with other women since he's met Angelina. He's crazy about her, and she's the same way about him."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Things just got 'real' for this house wife



THE WORD
Dorothy Robinson
scene@metronews.ca

The Real Housewives of the OC star Tamra Barney joins the ranks of Bethenny Frankel and Kim Zolciak as Housewives who have gotten their own Bravo show. The divorced

mother of four's new show will centre around her wedding to fiancé Eddie Judge, which will be held this summer in California. The two are then opening a gym together (of course they are).

So far, the show has no title, but the spin-off is a no-brainer, according to RadarOnline. "For Bravo, she has it all: the romantic storyline of getting married, for a third time, the drama with the other OC Housewives and she'll inevitably be a beautiful bride, when she walks down the aisle," a source tells the site.

Twitter



@ABFoundation

When I am in Europe, I realize how behind the rest of the world the US is vis a vis renewable energy...



@MissKellyO

I swear to god I have spent the better part of a day staring at the wall the antibiotics the DR put me on are so strong!



@sethrogen

I finally joined Facebook! To make up for lost time, I made a tutorial vid showing how to roll a CROSS JOINT!



Will Smith

Is Will Smith going to get jiggy with Kanye West?

Will Smith may be heading back to the music world, and if he does we have Kanye West to thank.

"I've been messing around with

Kanye," Smith tells HipHollywood.com.

"We went in the studio a couple times, so I might get the bug. I'm not going to do it unless I'm truly inspired, but (Kanye has) been pushing me a little bit."

Smith has not released any music since 2005.

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Double-duty denim

This spring, denim comes in patched looks that are one part '60s hippie and one part '90s grunge (with a touch of '80s Marty McFly)

KENYA HUNT

Metro World News in London



3.1 Phillip Lim

Chambray pants, \$425, netaporter.com

Madewell

Two-tone chambray shirt \$88, madewell.com



Reiss

1971 Robbie shirt \$170, reiss.com



Zara

Jeans, \$80, zara.com



MiH

Jeans, \$235 netaporter.com



Real world application

A test run

Every season offers a new interpretation of denim, some easier to pull off than others.

Last year's look

— those ubiquitous leopard spots — were harmless and versatile. But this season brings some more challenging fare — neon tie-dye anyone?

On the surface,

two-tone jeans look like they'd be dangerous, placing you in ironic, hipster, try-too-hard territory. But they're actually versatile, striking a good balance between right-now and

still-stylish-later.

I chose a pair by the British label Made in Heaven because they did just that, plus, they're just skinny enough without preventing one's ability to

breathe. I wore mine with a graphic blouse, tailored coat and pumps, an outfit that successfully took me from the office to dinner with friends afterward.

KENYA HUNT, MWN



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Cannes vs. the Billboard Music Awards

On the surface, the two red carpets couldn't seem more different. But in reality, they share a lot in common, like a slew of wacky, attention-grabby outfits. We look at the best and the worst.

METRO WORLD NEWS



The pretty young things

Cannes: Cara Delevingne shows she's got grown-up sex appeal by swapping her trademark beanie and high-tops for a Burberry dress with a plunging neckline.

Billboard: Legs for miles: Taylor Swift shows why she's a one-woman disco in a sparkling Zuhair Murad mini.



The attention-grabbers

Cannes: Hang on, who the hell is Elena Lenina? Exactly. Nobody knows, which explains why the Russian TV presenter and "model" chose to wear a pompadour hopped up on Viagra to Cannes.

Billboard: Never underestimate the power of an obscenely high slit to land a girl in the papers. Oh the cheek of it, Ke\$ha! And with a new single, Warrior, to promote, it's worth trading a little flesh for flashbulbs.



The prom queens

Cannes: You can almost hear Isla Fisher muttering to herself, "Please make me prom queen." That said, her passé, choppy mille-feuille gown looks dowdy rather than daring.

Billboard: Feeling as blue as the carpet, Shania Twain? Her washed out Grecian-style gown certainly says so.



The wackadoos

Cannes: Florence Welch is a Cannes first-timer, trying a bit too hard in a lurid Miu Miu polka-dot dress and platforms.

Billboard: Z LaLa is an unknown. She clearly wants to make an impression, but dressing like Christmas tinsel isn't going to cut it.

new

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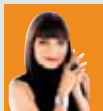
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Feeling super chic in my cap+gown, with my honorary doctorate @SMUHalifaxNews



With the fabulous @Marcilen @EDITbyJeanneB showroom in #Montreal on Chabanel St. For @CTVCanadaAM

Trends Report



- Classic black and white can be a bold choice for spring amidst the sea of pastels, floral prints and bright hues. Head online to Trends Report to see how the stars at Cannes are donning this elegant colour combo and draw some fashion inspiration for yourself.



www.metronews.ca/voices/trends-report

(ALL PHOTOS GETTY IMAGES)

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The Kit

Canadian street style

Spotted in: Ottawa

Sandra
TD Canada Trust Employee
Age: 21

What she's wearing
Aritzia Sweater, jean jacket from Garage, paisley scarf from the market in downtown Ottawa, leggings from American Apparel, and Combat Boots from Spring.

Her inspiration
"I am inspired by my mood! I dress according to how I am generally feeling when I get up!"

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT - AN E-NEWSLETTER PROGRAM - AND A WEEKLY NEWSPAPER SECTION TOO!



Get the little ones chopping, stirring and stuffing dinner

Sweet Bell Peppers Stuffed with Spaghetti, Tomato and Prosciutto



This recipe serves six. Each serving contains 380 calories and 10 grams of fat. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)



ROSE REISMAN
for more, visit
rosereisman.com or follow
her on twitter @rosereisman

This is a great vegetable or main course dish. The stock and milk sauce replaces traditional white béchamel sauces, which contain excess calories and fat.

1. Preheat oven to broil. Broil peppers in oven or grill for 15 minutes or until charred, turning often. Let cool for 5 minutes. Remove tops of peppers and save. Peel skin and de-seed, leaving whole pepper intact. This can be done under cool running water.

2. Cook pasta in boiling water according to package instructions or until firm to the bite. Drain and place in large bowl.

3. Make the sauce: In large nonstick skillet, heat oil; sauté garlic and onions until soft,

For your phone

Great British Chefs Kids (iPhone/iPad; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

With this kid-friendly cookbook, little hands can make impressive

meals. British Chefs offer 102 easy recipes. There's Rice Krispie fish fingers, curly kale lasagna, fruit rockets, pizza hearts, and Fishghetti.



approximately 3 minutes. Add tomatoes and cook for 1 minute.

4. Meanwhile, combine stock and flour in small bowl; add to tomato mixture and simmer just until sauce thickens slightly, approximately 3 min-

utes, stirring constantly. Pour over pasta; add basil, margarine, prosciutto and cheese. Mix well. Stuff peppers until full, saving remainder as a side dish. Place pepper top over pasta, to act as lid. **ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY: ROSE REISMAN**

Ingredients

- 6 medium sweet bell peppers (green, red and/or yellow)
- 12 oz spaghetti
- 1 1/4 cups cold chicken stock
- 1 tbsp all-purpose flour
- 1/4 cup chopped fresh basil
- 1 tbsp margarine or butter
- 1/2 cup chopped prosciutto or ham
- 3 tbsp grated Parmesan cheese
- 2 tsp vegetable oil
- 2 tsp crushed garlic
- 3/4 cup diced onions
- 1 3/4 cups diced tomatoes

Breakfast. Ham and Cheddar Quiche

Quiche has a reputation as a complicated dish.

Home cooks worry about the crust. They agonize over the fillings. And then there is striking the balance of egg and dairy, never mind determining how to season it.

Which makes it all sound troublesome. And yet quiche really is a simple dish.

1. Heat oven to 425 F. Coat 11-inch tart pan with removable bottom with cooking spray. Set on baking sheet.

2. Unroll pie crust and set into prepared pan. Gently push crust into corners and up edges of pan, crimping and trimming. Scatter ham and cheese evenly over crust.

3. In a medium bowl, whisk eggs, milk, thyme, fennel, salt and pepper. Pour the mixture over ham and cheese. Bake 30 minutes, or until puffed and set at the centre and lightly browned at the edges. Cool slightly or completely before slicing and serving.

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Ingredients

- 1 prepared uncooked pie crust (room temperature)
- 8 oz deli-sliced ham, chopped
- 6 oz (1 1/2 cups) grated cheddar cheese
- 8 eggs
- 1/3 cup milk
- 1 tsp dried thyme
- 1/2 tsp fennel seed
- 1/2 tsp kosher salt
- 1/4 tsp black pepper



This recipe serves eight. MATTHEW MEAD/ THE ASSOCIATED PRESS

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Why size really doesn't matter — at least in the backyard

Summer style. With a few strategic choices, your small yard can still have a large design

Design magazines and home decorating catalogues tend to feature sprawling backyards with big wooden decks and room for everything from decorative fountains to artificial ponds.

But few of us have that much outdoor space. You can create something truly special out of even the smallest yard or porch, says Los Angeles-based designer Brian Patrick Flynn.

Here, he and two other design experts — small-space specialist Kyle Schuneman and landscape designer Chris Lambton — offer advice on the best furnishings, plants and decorating strategies for mak-

ing the most of a small yard, modest deck or petite patio.

Go flexible and mobile

"With a small outdoor space, I really like to think double duty," says Schuneman, author of "The First Apartment Book: Cool Design for Small Spaces" (Potter Style, 2012). Look for seating that has hidden storage space inside and tall planters that add privacy.

And choose items that can easily be moved, such as lightweight flowerpots or planters on wheels, says Lambton, host of the gardening design series *Going Yard* on HGTV. "It's an easy DIY thing," he says, to buy an assortment of inexpensive plastic pots and paint them to match your outdoor decor.

If planters are lightweight or on wheels, you can move them to get proper sunlight at different times of day, and rearrange them if you're enter-

taining guests and need more space.

Choose the right furniture

"The easiest way to make small outdoor spaces appear smaller is to fill them with lots of pieces," says Flynn, founder of the design website *decorademon.com*.

"Instead, go big with sectionals, or flank perfectly square or rectangular areas with identical love seats or sofas. This not only maximizes the seating potential, but it also keeps the space from becoming too busy or even chopped up. In my outdoor living room, I used a U-shaped outdoor sectional, which seats up to seven comfortably."

When arranging furniture, consider the view: If the home's exterior is more attractive than the outdoor view, Flynn says, consider positioning seats so that you'll face

Designer advice

"The easiest way to make small outdoor spaces appear smaller is to fill them with lots of pieces."

Los Angeles-based designer Brian Patrick Flynn

your home rather than looking away from it.

Plant wisely

All three designers say your choice of plants is especially important when space is limited.

Choose plants with a purpose: "Lavender's great," Lambton says, because it's attractive, easy to grow and deters bugs. Marigolds will also help keep insects away.

Lambton also suggests putting up a trellis as a privacy wall, and planting it with colourful wisteria or climbing hydrangea. Or choose a tall holly or cypress plant in a large planter.

"Holly will be green all year round," he says, and can help transform an unappealing view.

None of these plants are hard to take care of, Lambton says. "If you're having coffee in the morning, just go out and dump a little bit of water in."

Think vertically

If you love plants but have minimal space, add a wall-mounted garden filled with succulent plants to one wall, says Schuneman: "It's a great way to add life and texture without actually taking any real estate up on your small balcony or patio."

He also suggests using narrow planters to create "long, narrow, raised flower beds that go the length of the space." They provide room for plants to grow, while also creating a ledge that's "great for coffee cups or a casual lunch," he says.

Flynn suggests playing up the height of your space by adding long outdoor curtains or hanging pendant lights.

Drench with colour

"I usually paint concrete slabs (on the floor) a bold colour or an accent colour carried out from an adjacent room," Flynn says. "This helps the patio feel like an extension when you look out to it through a door. On the flip side, when seated



A narrow 14-foot by nine-foot outdoor space was turned into a full-fledged living room by designer Brian Patrick Flynn in his own home, by adding a pergola for shade and suspended outdoor pendant lights, separating the area from neighbours with a planter wall and using a U-shaped sectional for seating up to seven. THE ASSOCIATED PRESS/BRIAN PATRICK FLYNN/HAYNEEDLE.COM

out in the patio looking inward, the consistent use of colour flowing inside and outside makes the patio itself feel much more open."

Flynn also suggests using outdoor curtains for a burst of colour, and to block an unattractive view or hide items like electrical boxes and storage bins. "Outdoor draperies are, hands-down, the easiest way to soften an otherwise all-concrete and stucco space, while also being able to control how much or how little neighbours can see."

Or, he says, order a basic trellis from an online retailer like *hayneedle.com*, then "paint it a bold colour and use it to instantly make an outdoor space feel more room-like."

Create your own art

"Most people don't think of using art outside, but it can be done, especially in a DIY man-

ner," Flynn says. "My favourite trick is to use tent canvas and stretch it across a DIY frame made from pressure-treated lumber, and add some gesso to the surface for texture."

Once you've created your canvas, he says, "pick up some exterior latex paint, then get as abstract, as you want to play with colour, shape and texture. Once the art is dry, add a sealer to protect it from moisture, then hang it up to create a focal point, and/or add another layer of privacy."

You can make any outdoor space more beautiful, Lambton says, with just a few hours of effort and a small investment.

"If you get two or three pots and a couple of bags of planting mix," he says, "it's easy to do for a couple hours on a Saturday. ... Just a little bit of colour and life will really dress up your outdoor space."

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RELAX OUTDOORS IN STYLE

After an unusually harsh winter, about 75 per cent of households intend to purchase at least one piece of furniture for their outdoor living space this spring season.

According to research conducted by the American Home Furnishings Alliance, which has a Canadian chapter, homeowners are assessing their 2013 purchase priorities in terms of functionality and price over size and style.

“The promise of spring has homeowners anticipating time spent on their patios, decks and porches,” said Jackie Hirschhaut, vice-president of public relations and marketing for AHFA. “Whether for relaxing alone or entertaining friends, these new outdoor furnishings will spruce up their space and help them take pleasure in the downtime they deserve.”

When selecting pieces to enhance their backyards and gardens, consumers indicated the most desired new furnishings include a chair or chaise lounge, umbrella, dining table, outdoor lighting, fire pit, pillows, outdoor rug and hammock.

The most prevalent product designs point to transitional and soft contemporary styling, with an abundance of soft curves and straight lines. Collections are enhanced with pieces designed for



Jensen Leisure sofa, lounge chair, coffee table and two end tables.

CONTRIBUTED PHOTOS

function, including storage ottomans and wedges, sofa tables and a serving station.

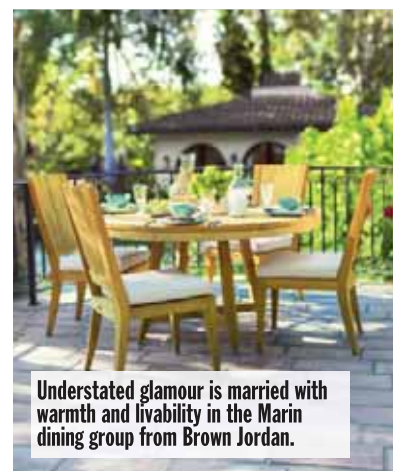
The new outdoor furnishings for 2013 reflect a range of wood, synthetic weaves and sturdy aluminum, as well as a dynamic use of mixed materials. Sustainably harvested teak, mahogany and South American hardwoods, including eucalyptus, ipe and roble wood, are found in rich natural warm tones as well as weathered grey hues. And following a popular decorating style in interior furnishings, a num-

ber of lines are utilizing reclaimed teak.

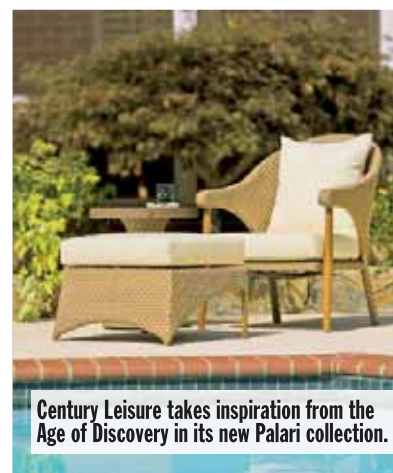
Interestingly, a number of seating and table frames are crafted of aluminum, finished with a faux wood grain. All-weather wicker is constructed from synthetic materials formed into strands of various shaped and sizes, and woven in a range of patterns. Fashionable alternative tabletops include acrylic stone and leather.

Pointing to a sense of optimism and brighter, livelier days ahead, outdoor fabrics and finishes include bold pops of colour for this season's outdoor spaces. These graffiti brights include lime green, tangerine orange and vivid blues, from turquoise to azure.

Innovative finishes reflect a turn toward metallics, with bronze, brushed steel and copper dominating, but even gold makes its debut on a sleek aluminum frame from Brown Jordan. These hues are much more sophisticated than the “industrial” trend seen in indoor finishes. Fabrics to complement these frames favour greyed neutrals and sunset orange and gold.



Understated glamour is married with warmth and livability in the Marin dining group from Brown Jordan.



Century Leisure takes inspiration from the Age of Discovery in its new Palari collection.



The Dash dining group from Telescope Casual has simple lines that can blend into any outdoor setting.



The gentle sway of the Monterra swing by O.W. Lee adds a new level of backyard relaxation.



Who says condos can't be spacious.

domicile

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A LITTLE PAINT AND CREATIVITY

INVOLVE CHILDREN WHEN DECORATING THEIR ROOM

How do you keep the kids busy this summer and beautify your home at the same time? The answer is elementary, according to leading Canadian paint brand, CIL paint — involve them in decorating their bedrooms.

“A child’s bedroom goes through more transformation than any other room in the house, from a nursery through to a teen retreat, so this space will need several updates over the years,” says Alison Goldman, brand manager for CIL paint, a brand of PPG Architectural Coatings. “All it takes is paint and a little creativity to keep your decorating budget on track through every stage of your child’s life.”

Involving kids in the creative process will not only keep them focused during the summer, but will also get them



CIL PHOTO

excited for the new school year, Goldman says, emphasizing that paint transforms a space more economically than any other decorating tool.

Goldman offers these tips to update your child’s room:

HIT THE BOOKS. Let your child browse through magazines and clip out pictures

of rooms they like. This exercise will give you a good framework for your project and ensure the room reflects your child’s personality.

DO HOMEWORK ON COLOURS. Review colour swatches with your child, but keep in mind that studies show wall colour can affect a person’s mood and behaviour.

Blues, greens and lilacs, for example, tend to soothe, relax and improve productivity.

PRACTISE YOUR ABCS (A BASIC COLOUR SCHEME). Too many colours in a room can make it feel chaotic. A good rule of thumb when decorating a child’s bedroom is to limit the palette to two or three colours.

ENGAGE IN CHILD’S PLAY. When choosing a theme for a child’s room, consider painting both walls and furniture for best results. From racing cars, sports themes, animals and cartoon characters to beaches, celestial looks, castles or flowers, themes help give you direction and focus.

TAKE A RECESS FROM THE RULES. Finish the space with unusual accents like a high-top sneaker or a bright rubber boot as a plant pot. Use sports items like a hockey stick or fishing rod as a curtain rod. For the music lover, use old record albums to create a graphic feature wall.

“When it comes to kids’ rooms, the options for fun and creativity are endless,” Goldman says.



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Terrasses Gabrielle caters to the finest in city living. Nestled in peaceful surroundings overlooking the Rideau River, and Riverain and Strathcona Parks, Terrasses Gabrielle is only steps away from Ottawa’s finest shopping, dining and entertainment. Inspired by the elegant park districts of the world’s leading cities, this eight-storey building combines luxurious accommodation with natural four-season beauty.

Located on North River Road in Overbrook, Terrasses Gabrielle is ideal for active lifestyles. Residents enjoy access to an indoor saltwater pool and modern gym equipped with life cycle, elliptical trainer, treadmill, strength station, and free weights. Ottawa’s famous network of recreational pathways begins outside the front door, while the clay courts of the Rideau Tennis Club are a block away.

The one- and two-bedroom units — 117 in all — feature premium-quality fixtures and amenities — calypso-style bath with arched shower enclosure, and ensuite washers and dryers. Kitchens come equipped with four stainless steel appliances including a self-



CONTRIBUTEE

cleaning, slide-in stove with ceramic cooktop, and granite countertops with ceramic tile backsplash. High-glazed ceilings, custom blinds and hardwood floors provide a perfect design backdrop.

The spacious lounge area off the opulent entrance foyer can be reserved for private events. The rooftop terrace is the icing on the cake. With a bus stop outside the front door and underground parking complete with bike storage, Terrasses Gabrielle makes the ideal city home.

PERFECT BALANCE

THE KAVANAUGH WILL SET NEW STANDARDS

The Kavanaugh promises to set a new standard for condominium living in Beechwood Village, one of the city's most desirable neighbourhoods.

Created by Domicile, a leading Ottawa developer, the project involves 132 units designed for modern, sustainable lifestyles. Condos range in size from 604 to 1,676 square feet and feature a wealth of environmentally friendly features such as EnergyStar® appliances, heat pumps, double-glazed windows with low-emission panes, zero-VOC latex paints, dual-flush toilets, and water-efficient showerheads.

Created to support a modern lifestyle in one of Ottawa's oldest neighbourhoods, the Kavanaugh strikes a perfect balance between old and new. Named after Rupert Kavanaugh, who ran a gas station and service centre on the site for more than 57 years, the project boasts a number of modern amenities, including indoor bicycle storage, spacious balconies, a mezzanine-level fitness centre and

STRONG ROOTS

Although Domicile was founded in 1976, its roots stretch back more than a century. William Doran, the grandfather of co-owner John Doran, ran a construction business in the 1890s and worked on the East Block of the Parliament buildings. In recent decades, Domicile has earned a strong reputation for renovating and restoring older homes and for leading urban in-fill projects.

an all-season rooftop lounge and outdoor terrace. Each unit comes equipped with stainless-steel, counter-depth appliances (including a gas cooktop) and granite countertops. The building incorporates four- and 10-storey sections, ground-level retail and underground parking.

Domicile's reputation has continued to evolve over the past 37 years. With each



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new development, the company demonstrates its progressive approach to building safe, healthier communities in Ottawa's urban neighbourhoods. Last year, Ottawa Public Health presented Domicile with the "Smoke-Free Champion Award" for making hōm (Champagne Avenue), One3one (Holland Avenue) and now The Kavanaugh entirely smoke-free.

Domicile's progressive approach and

commitment to quality helped the company win a prestigious "Ontario Builder of the Year" award in 2011 from Taroni, the private corporation that administers the Ontario New Home Warranties Plan Act. The awards are based on results of surveys sent to Ontario homebuyers. The success of The Kavanaugh and the positive community response promises to build on Domicile's strong reputation.

METRO SPACES

METRO CUSTOM PUBLISHING

2nd Annual Ottawa CONDO SHOW

Presented by the
BENNETT PROPERTY SHOP REALTY

Tuesday, June 18th, 2013

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CLASSIC AND CONTEMPORARY

GALLERIA 2 OFFERS FINEST IN DOWNTOWN LIVING

Ottawa's newest downtown condo is designed for the modern, active, urban lifestyle.

Galleria 2, located at 238 Besserer St. (adjacent to the Ottawa Little Theatre), is a 14-storey building with the full complement of modern amenities — indoor swimming pool, fitness area with his and hers saunas, and lounge with outdoor patio. The condo units are all bright and airy, and feature open-concept designs, a balcony or terrace, and six appliances — four of them stainless steel and all EnergyStar® rated.

Given the convenient, central location — a few blocks from the University of Ottawa, the ByWard Market and the bridge to Gatineau — it should come as no surprise that Galleria 2 is already 75 per cent sold.



"The units have been particularly popular with homeowners in the area who want to downsize and with investors who recognize the opportunity that such a prime location provides," says Shawn Bellman of Richcraft, the company behind Galleria 2.

Designed by architect Rod Lahey, Galleria 2 mixes classic and contemporary styles with generous amounts of glass, stone and brick to blend in with both its sister tower (Galleria 1, completed a few years ago) and the surrounding Sandy Hill neighbourhood.



CONTRIBUTED PHOTOS

Along with 197 condos, Galleria 2 also has 5,000 square feet of ground-floor commercial and retail space. Units come in a variety of one- and two-bedroom layouts, and range in size from 590 square feet to a little more than 1,000 square feet. Granite kitchen countertops are standard. Each unit comes with a locker and storage space, and under-

DISTINCT HOMES

The Galleria 2 strengthens Richcraft's reputation for providing discriminating homebuyers with high-quality, distinctive products with signature beyond standard features and award-winning designs. Established in 1983, Richcraft is a diversified company whose developments include commercial, retail and industrial space, as well as single-family homes, townhomes and condominiums. The company has built more than 11,000 homes in the National Capital Region.

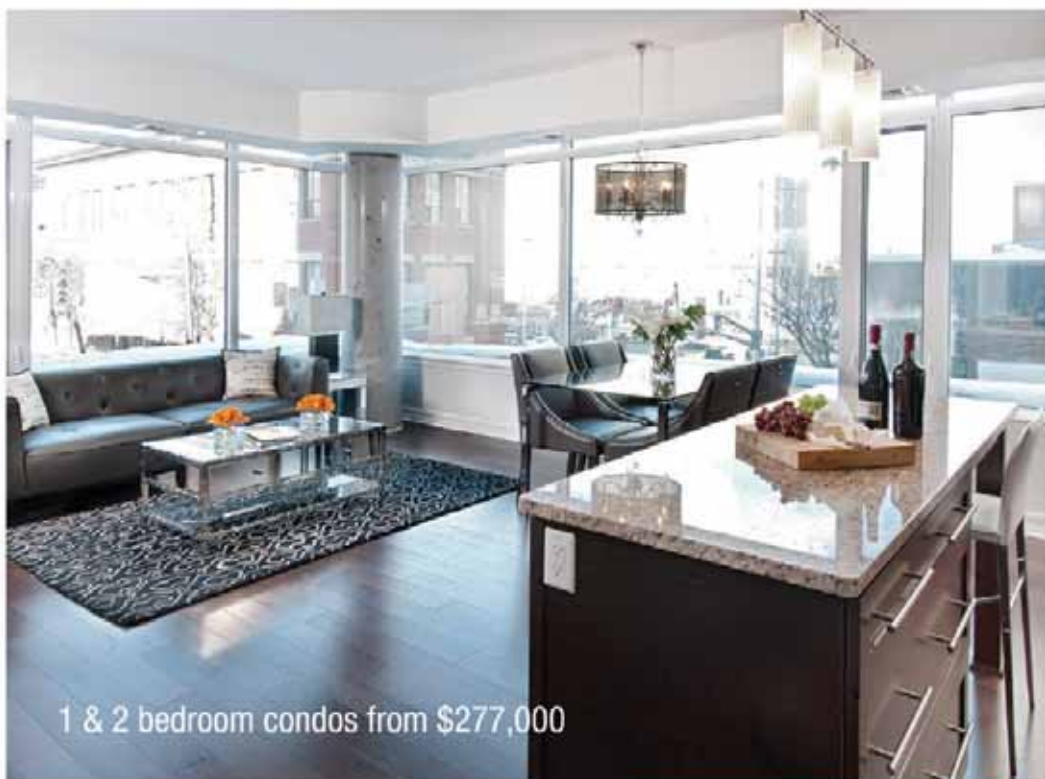
ground parking is available.

Best of all, many of the building's units are already decorated and ready for occupancy. To entice buyers, Richcraft is offering a promotion of five per cent down. Potential buyers can tour five decorated and furnished models. Prices start at \$277,000.





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CONDO SHOW RETURNS FOR A SECOND YEAR

This time last year, the Bennett Property Shop team was eagerly anticipating its first ever Condo Show. Like a first-time parent, the team was both excited and nervous, not knowing quite what to expect. Today, as it sends out invitations for the second annual Ottawa Condo Show, those nerves have given way to pride — its baby is growing up.

The team knows its way around the city's condo scene. And it's been the team's experience that, as prospective buyers travel from sales centre to sales centre, shoppers' fatigue can set in pretty quickly. Though it had never been tried before in Ottawa, it seemed like a natural thought — for one day, the Bennett Property Shop team would gather together those sales centres in one central location, giving the public a rare chance to investigate the options in one fell swoop.

So, last summer, for the first time, Bennett Property Shop Realty invited builders from across the Ottawa region, representing condos of every description

and price range.

Did it fly? It did. More than 400 people attended and the workshops were jam-packed. The feedback confirmed Bennett's suspicions — buyers appreciated that they were being saved legwork and giving them quick access to projects they might have otherwise missed. For many, it sped up the condo shopping process significantly.

This year, there will be more builders and more condos — from pre-construction to immediate occupancy, from entry-level bachelor condos to luxury penthouses. Builders are offering exclusive savings — up to \$10,000 in some cases. There will be a booth dedicated specifically to resale condos. As well, the show will offer workshops on topics ranging from financing with Scotiabank to interior design with Kiki Interiors.

The team is particularly thrilled to announce that Olympic hopeful Cody Sorensen will be on hand — bobsleigh in tow — to meet the public, sign auto-



GEORGE DOYLE/STOCKBYTE/THINKSTOCK

graphs and talk about what inspires him. The Bennett team is extremely proud to be Sorensen's official sponsor — Bennett believes in dreaming big, and it doesn't get bigger than Olympic gold.

Bennett Property Shop hopes you will stop by 190 Lisgar St. on June 18th for the Ottawa Condo Show. Visit its website at ottawacondoshow.com to register for your VIP pass.

2nd Annual Ottawa CONDO SHOW

Presented by the
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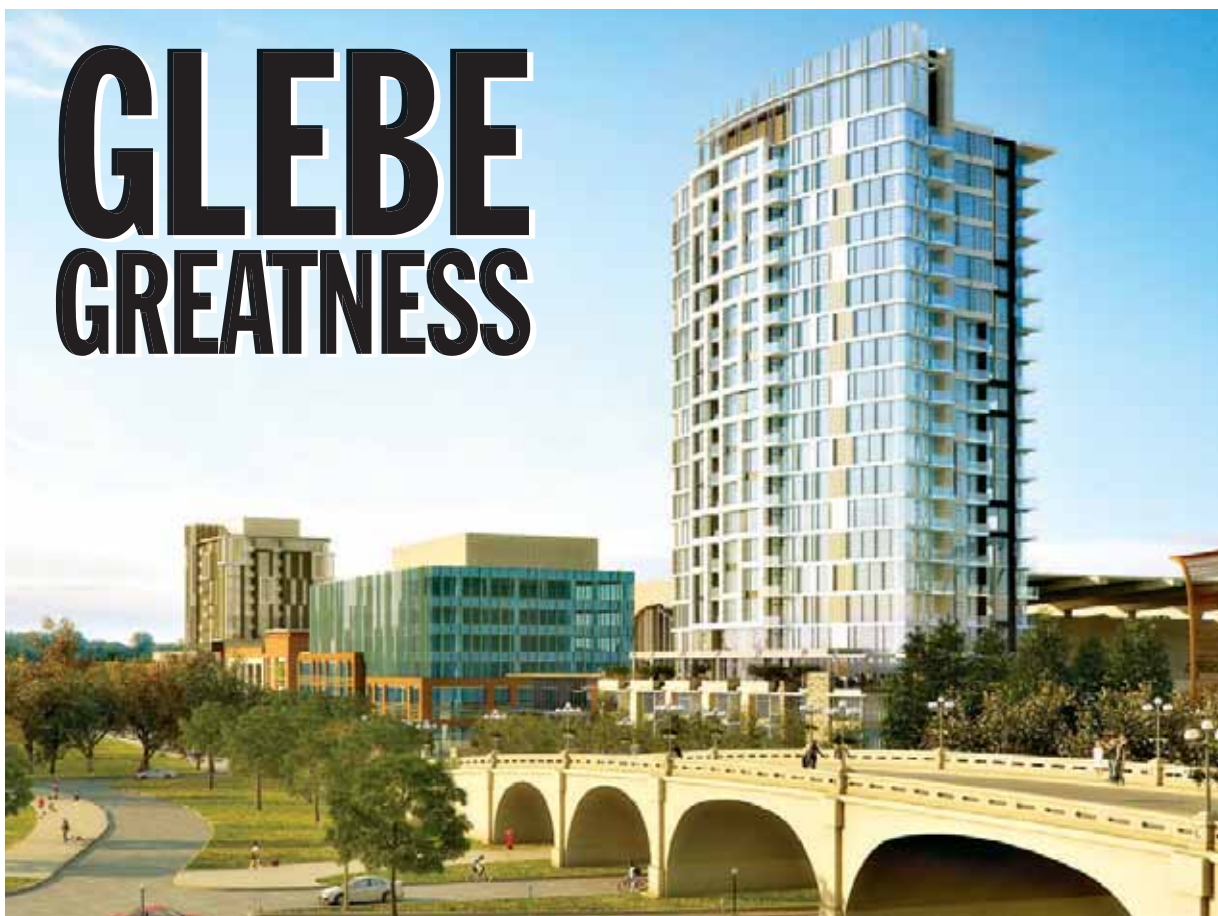
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GLEBE GREATNESS



CONTRIBUTED PHOTOS

MINTO@LANSDOWNE WILL OFFER GREAT VIEWS OF THE CITY

Everything old is new again. That's the feeling as the rejuvenation of historic Lansdowne Park on the Rideau Canal in Ottawa's Glebe neighbourhood takes a big step forward with the opening of a new Minto model condo suite.

The model suite is Minto@lansdowne's @764 suite, a one-bedroom, two-bathroom condo offering 764 square feet of exceptionally well-designed space. And amazing views of Ottawa, too.

The @764 suites will be located on floors five to 16 of The Rideau, the aptly named condo tower sitting just north of the UNESCO-protected Rideau Canal and a focal point of Minto@lansdowne,

Carmen Dragomir of esQape Design provided the interior design services for the new model suite, built to measure in the courtyard space of the Minto@lansdowne sales centre in Fifth Avenue Court, just up Bank Street from where all the construction is taking place.

"The main design intent was to make the best use of an open concept condo unit," Dragomir says. "We searched for the design language to be cohesive and create one look that flows easily from each area into the next one."

One of her most important design tools is what is presented beyond the suite

itself. "When you walk into the space your eyes will be drawn to the amazing views," she says. "Thus, the design focuses on working with the views as the focal point."

CONTRASTING CLASSIC AND VIBRANT COLOURS

Akin to bringing dynamic new living spaces to a part of the city steeped in history and tradition, Dragomir and her team chose a colour palette that contrasts

classic conservatism with bold splashes of vibrancy.

"The finishes we used throughout the space were selected within white and grey tones to create a fresh and visually appealing background for all the furnishings," Dragomir says. "A tangerine colour punch is sprinkled throughout the space."

"For example, white high-gloss kitchen cabinetry and a white-and-grey granite countertop with a marble mosaic back-splash integrate perfectly into the overall



open space. They make the open kitchen appear visually light and play perfectly along with all other white and grey furnishings."

Looking around the model suite, perhaps considering how the flow of the interior design so perfectly complements the flow of the open concept design, Dragomir adds, "everything was designed right from the start with the final look in mind."

Part of what makes the open concept work so well is a unique inset bedroom layout that maximizes usable floor space and allows for greater amounts of light throughout the suite.

"The bedroom corner translucent glass sliding doors are one of the best features in this suite," she says. "They let natural light in, yet quickly and easily create privacy for a restful night's sleep."

New condo buyers at Minto@lansdowne will sleep easy knowing that Minto and its industry-leading approach to green design will save money and precious natural resources.

Both The Rideau and The Vibe condo buildings are targeting LEED® Gold Certification.

INNOVATIVE FEATURES INSIDE AND OUTSIDE EVERY SUITE

Innovative features reside not only in the suites, but also in the building itself.

For example, one-of-a-kind party rooms with football stadium views, modern 24-hour fitness facilities, elegant outdoor terraces with gas fireplaces and shared barbecues, concierge service and an available guest suite make living in The Rideau at Minto@lansdowne an exceptionally attractive opportunity. It's an opportunity that will exist for only a limited time since many of the floor plans are sold out. And with the new model suite just opened, more suites will sell out soon.

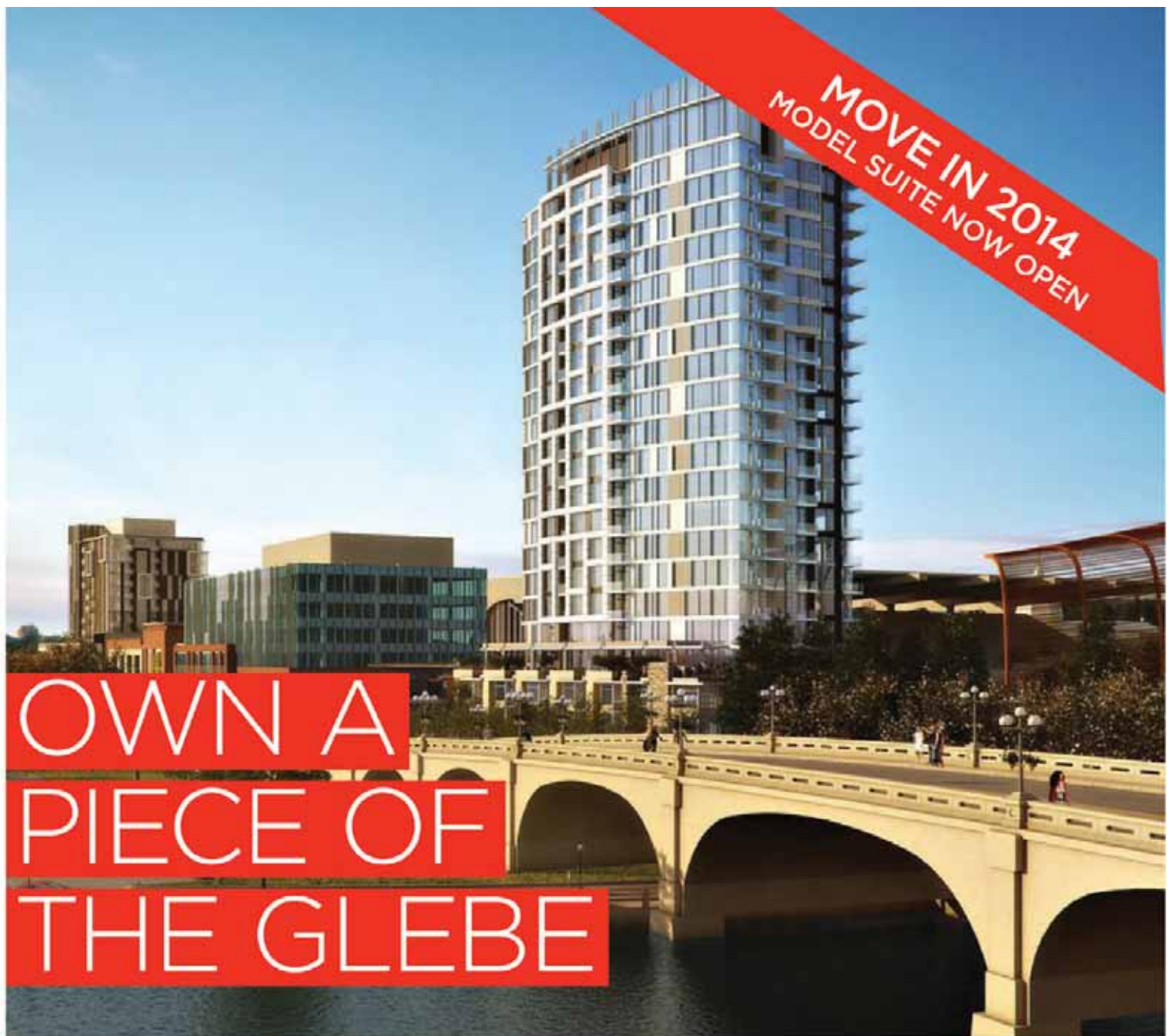
Before that happens, Dragomir sees the new model suite helping fuel prospective buyer's imaginations.

"We want to inspire anyone walking through the model suite to find ideas on how to personalize their own space — and enrich their lives when they come home."

The model suite, located at Fifth Avenue Court, 831 Bank St. in The Glebe, is open to the public Monday to Thursday from noon until 7 p.m. and on weekends and holidays from 11 a.m. to 5 p.m.

The starting price of the @764 suite is \$419,900, with condo fees of \$337 a month, which includes heating and air conditioning.

For more information, call 613-788-2784 or visit lansdowne.minto.com.



Minto@lansdowne offers stunning 1 & 2-bedroom condominiums with beautiful open-concept layouts and spectacular views from two locations in the heart of the Glebe. Live just steps from a new Whole Foods and LCBO, the new Frank Clair Stadium, and world-class cafés and restaurants. Suites starting from \$309,900 to \$710,900. **Act now and move in as early as 2014.**

lansdowne.minto.com



Monday - Thursday: 12pm - 7pm
Friday to Sunday & Holidays: 11am - 5pm

MINTO @ lansdowne

Email: lansdownesales@minto.com

Sales Centre: 5th Avenue Court
831 Bank Street
613 788 2784



All areas and stated dimensions are approximate; sizes and specifications are subject to change without notice. All illustrations are artist's concepts only and not to scale. E. & O. E.



HOW TO CHOOSE AN APARTMENT

There are a lot of choices out there when looking for an apartment. Here are six tips from marketing consultant Sheryl Erenberg who specializes in rental communities:

How attractive is the exterior of the building? This is called “curb appeal” in the industry. Are the grounds kept? Are the hedges trimmed? Is the grass cut and are the flowerbeds planted? Is the building sign visible and up to date? If the property looks neglected, the chances are good that tenants will be too.

Find the person who does rentals. It shouldn't be an obstacle course or an episode of CSI to get from the parking lot to the person who rents apartments. This is called The Golden Path to the product. The path should be clean, well-lit and have plenty of signs along the way. Ideally, a sign above the entry phone panel should tell you who to call.

First impressions are important. Are you made to feel welcome when you arrive? How hard is the person representing the building trying to assist you? Encourage you to rent? If they are distracted or unpleasant would you want to live there? Trust your instincts.

Watch and listen to how the staff interact with one another. Do they appear to be working as a team? Listen to the radio chatter if you have the chance. Is the conversation between employees pleasant? Professional? A lot can be learned about the landlord by who they choose to represent them and how they train/motivate their employees.

Yes, you can predict the future. If, while they are with you, the staff come in contact with an existing tenant, listen carefully to their tone of voice, their willingness to assist that customer and watch their body language. Do they know tenants by name when they meet them in the building? How effectively do they handle complaints? This could be you next month or next year.

Take the lobby test. After your visit, sit in the lobby and do an informal survey by asking passing and waiting tenants how long they've lived at the property and whether they would recommend it. A good sample for your survey is five to seven people.

Article courtesy Sheryl Erenberg. Erenberg is president of Sheryl Erenberg and Associates. Her marketing consulting firm specializes in marketing communities. Visit sherylerenberg.com

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StLaurentOnTheParc.com

Extra special: Jose lights Blue Jays' way past Rays

MLB. Right-fielder's heavy-hitting heroics help ensure series victory over Tampa Bay

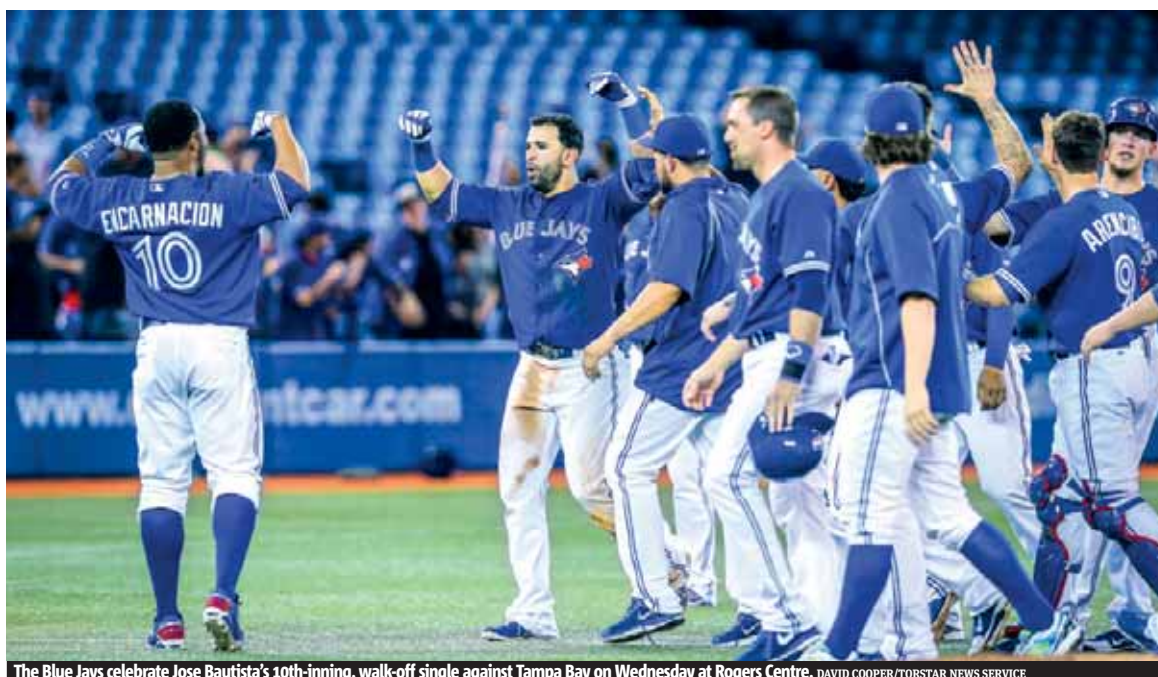
Mark Buehrle provided the quality start and slugger Jose Bautista came through with the dramatics in Toronto's first walk-off victory of the season Wednesday at Rogers Centre.

Bautista tied it in the ninth inning with his second homer of the game and drove in the winning run in the 10th to give the Blue Jays a 4-3 victory over the Tampa Bay Rays. Bautista lashed an 0-2 pitch from Kyle Farnsworth to right field that brought Colby Rasmus home from third base for the victory.

Bautista, who had four hits and drove in all four Toronto runs, was mobbed by his teammates on the field as the crowd of 18,771 roared its approval.

"He's not just a slugger, he's a complete hitter," said Jays manager John Gibbons. "He can do a lot of things with that bat as you guys well know. That was clutch. He fell down in the count and he shortened it up and just — boom. A simple base hit the other way for the game winner."

Buehrle, meanwhile, al-



The Blue Jays celebrate Jose Bautista's 10th-inning, walk-off single against Tampa Bay on Wednesday at Rogers Centre. DAVID COOPER/TORSTAR NEWS SERVICE

lowed a season-low four hits over seven solid innings to help Toronto (19-27) take the rubber game of the three-game series. Aaron Loup (2-3) worked one inning of relief for the win.

It was another missed opportunity for the Rays, who

have had trouble closing out games this season. Tampa Bay (24-22) has blown leads on nine occasions in the seventh inning or later.

"It's been kind of difficult," said Rays manager Joe Maddon. "That was another one that got

away. Everybody is doing their best, they're trying. It's just not working out."

Tampa Bay had taken a 3-2 lead in the top of the ninth. Evan Longoria hit a one-out double off Toronto closer Casey Janssen and scored on James

Loney's single up the middle.

Bautista answered in the bottom half with a rainbow shot to left field off Rays closer Fernando Rodney. The Toronto right-fielder now has 11 home runs on the season.

THE CANADIAN PRESS

Wholesale changes behind Canucks' bench



Alain Vigneault GETTY IMAGES

Canucks coach Alain Vigneault has paid the price for another early exit from the playoffs.

The club fired Vigneault and assistants Rick Bowness and Newell Brown on Wednesday, as the expected fallout from the Canucks' first-round sweep at the hands of the San Jose Sharks finally came to pass.

The Canucks' all-time leader

in coaching wins, Vigneault led the club to six Northwest Division titles, two Presidents' Trophy titles and an appearance in the 2011 Stanley Cup final.

But Vancouver was eliminated in the first round of the playoffs the last two seasons, including the four-game loss to the Sharks. It was the first time in 12 years that the Canucks

have been swept.

Vigneault leaves Vancouver with a 313-170-57 regular-season record over seven seasons, but a 33-32 record in the playoffs.

"We're in a results-oriented business and if you look at the last two playoffs we've been in, we were the higher-seeded team but lost the first

two games at home," Canucks president and general manager Mike Gillis said at a press conference Wednesday. "We lost consecutive games in the last two playoff years, and there comes a point in time where the message has to change and we have to be better. And we simply didn't get the result we expected." THE CANADIAN PRESS

MLB

Harper hauls in a win for Nationals

Bryce Harper made a game-saving grab as the Washington Nationals beat the San Francisco Giants 2-1 on Wednesday. The Giants had runners on first and second in the eighth when Harper dove to grab Hunter Pence's sinking liner. THE ASSOCIATED PRESS

'Coach K'

Dream Team to get some special news

Mike Krzyzewski has decided to remain coach of the U.S. men's Olympic basketball team. Krzyzewski will try to lead the Americans to a third straight Olympic gold medal, a person with knowledge of the decision said Wednesday. Originally



Mike Krzyzewski GETTY IMAGES

expected to step down, Krzyzewski will hold a news conference to confirm his return Thursday at Duke, the person told The Associated Press on condition of anonymity because no official announcement has been made. THE ASSOCIATED PRESS

Giro d'Italia

Visconti victorious in Stage 17

Giovanni Visconti won the 17th stage of the Giro d'Italia on Wednesday to claim another solo victory, while Vincenzo Nibali maintained his grip on the overall lead. Visconti also won Sunday's 15th stage with an impressive solo climb. THE ASSOCIATED PRESS

Golf



Sergio Garcia who apologized to Tiger Woods Wednesday for saying Tuesday he would serve fried chicken if they were to have dinner at the U.S. Open, an ugly addition to nearly two weeks of verbal sparring. Garcia said he meant to give a funny answer to a playful question, but that it was "totally stupid and out of place."

"I feel sick about it and I feel truly, truly sorry."

4 SPORTS

Hard-nosed Parker looking to follow his own lead in playoffs

NBA. Veteran point guard confident the Spurs can avoid déjà vu in West finals

Even if the San Antonio Spurs can't help but feel a touch uneasy about their 2-0 lead in the Western Conference finals, Tony Parker is completely comfortable.

For the second straight year, Parker used a sensational Game 2 to give the Spurs a two-game lead to start the conference finals. This time, it was a 15-point, 18-assist masterpiece that featured Parker scoring or assisting on 14 of the Spurs' 18 baskets after halftime.

Asked Wednesday if it was a performance reminiscent of John Stockton, the NBA's ca-



The Spurs' Tony Parker goes up for a shot against the Grizzlies during Game 2. ERIC GAY/THE ASSOCIATED PRESS

reer assists leader, Parker said: "No, Tony Parker."

"I don't want to be anybody. I just want to have my

own identity," he added. "I always fight with (coach Gregg Popovich) for that because he wanted me to be — no disrespect to Avery Johnson — but like Avery, and then like John. I was like, 'I want to be me.' I want to do both. I want to be aggressive, and I just try to find that balance.

"That's the thing through my whole career is to find the happy middle between scoring and passing."

Parker has already won three NBA titles with San Antonio and seemed to have the Spurs rolling toward another one last season with a victory against the Thunder in Game 2 of the West finals.

And then — poof! — the season was over a week later following four straight losses to Oklahoma City.

THE ASSOCIATED PRESS

Olympics

Targeted drug testing needed to catch cheats: IOC

Olympic officials agree that more targeted, out-of-competition testing in high-profile sports is needed to catch the drug cheats who are escaping the net, IOC president Jacques Rogge said Wednesday.

Rogge told The Associated Press that sports leaders who attended a summit at IOC headquarters in Switzerland concluded that better testing — rather than more tests — is the best way forward in the anti-doping fight.

Drug-testing strategies and the role of the World Anti-Doping Agency were discussed at a meeting of Olympic leaders Tuesday in Lausanne.

While the IOC declined to release details on Tuesday, Rogge said in an interview that all sides agreed on the need for greater unannounced out-of-competition testing.

THE ASSOCIATED PRESS

NFL. Chicago Bears LB Urlacher retires as one of the best in league history

Brian Urlacher wasn't sure how dominant he could be any longer, so he's calling it a career after 13 seasons with the Chicago Bears.

And what a career it was:

- Eight Pro Bowl seasons.
- Defensive Player of the Year in 2005.
- A trip to the Super Bowl as the 2006 NFC champion.

And now, it's over. The eight-time Pro Bowler announced his retirement through social media accounts Wednesday.

"After spending a lot of time this spring thinking about my NFL future, I have made a decision to retire," Urlacher said in a statement. "Although I could continue playing, I'm not sure I would bring a level of performance or passion that's up to my standards. When considering this, along with the fact that I could retire after a 13-year career wearing only one jersey for such a storied franchise, my decision became pretty clear."

THE ASSOCIATED PRESS



Brian Urlacher celebrates with teammates after intercepting a pass in 2007. The Pro Bowler announced his retirement Wednesday. JERRY LAI/THE ASSOCIATED PRESS

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NHL PLAYOFFS

CONFERENCE SEMIFINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

PITTSBURGH (1) VS. OTTAWA (7)

(Pittsburgh leads 2-1)

Wednesday's result

Pittsburgh at Ottawa

Friday's game

Ottawa at Pittsburgh, 7:30 p.m.

BOSTON (4) VS. N.Y. RANGERS (6)

(Boston leads 3-0)

Tuesday's result

Boston 2 NY Rangers 1

Thursday's game

Boston at NY Rangers, 7 p.m.

WESTERN CONFERENCE

CHICAGO (1) VS. DETROIT (7)

(Detroit leads 2-1)

Monday's result

Detroit 3 Chicago 1

Thursday's game

Chicago at Detroit, 8 p.m.

LOS ANGELES (5) VS. SAN JOSE (6)

(Series tied 2-2)

Tuesday's result

San Jose 2 Los Angeles 1

Thursday's game

San Jose at Los Angeles, 10:30 p.m.

NBA PLAYOFFS

CONFERENCE FINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

MIAMI (1) VS INDIANA (3)

Wednesday's result

Indiana at Miami

WESTERN CONFERENCE

SAN ANTONIO (1) VS MEMPHIS (5)

(San Antonio leads 2-0)

Tuesday's result

San Antonio 93 Memphis 89 (OT)

Saturday's game

San Antonio at Memphis, 9 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	28	17	.622	—
Boston	27	19	.587	1½
Baltimore	24	21	.533	4
Tampa Bay	24	22	.522	4½
Toronto	19	27	.413	9½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	26	18	.591	—
Detroit	24	19	.558	1½
Kansas City	21	21	.500	4
Chicago	21	23	.477	5
Minnesota	18	25	.419	7½

WEST DIVISION

	W	L	Pct	GB
Texas	30	17	.638	—
Oakland	25	23	.521	5½
Seattle	20	26	.435	9½
Los Angeles	18	27	.400	11
Houston	13	33	.283	16½

Wednesday's results

Texas 3 Oakland 1

Toronto 4 Tampa Bay 3 (10)

Detroit at Cleveland

N.Y. Yankees at Baltimore

Seattle at L.A. Angels

Boston at Chicago White Sox

Kansas City at Houston

Tuesday's results

Detroit 5 Cleveland 1

Baltimore 3 N.Y. Yankees 2 (10)

Tampa Bay 4 Toronto 3

Oakland 1 Texas 0

Chicago White Sox 3 Boston 1

Kansas City 7 Houston 3

L.A. Angels 12 Seattle 0

Thursday's games

All times Eastern

Baltimore (Gausman 0-0) at Toronto (Mor-

reco 1-3), 7:07 p.m.

Minnesota (Diamond 3-4) at Detroit (Por-

cello 2-2), 7:08 p.m.

Cleveland (McAllister 3-3) at Boston

(Dempster 2-4), 7:10 p.m.

L.A. Angels (Blanton 0-7) at Kansas City

(Santana 3-3), 8:10 p.m.

Friday's games

Baltimore at Toronto, 7:07 p.m.

Minnesota at Detroit, 7:08 p.m.

Cleveland at Boston, 7:10 p.m.

N.Y. Yankees at Tampa Bay, 7:10 p.m.

Miami at Chicago White Sox, 8:10 p.m.

L.A. Angels at Kansas City, 8:10 p.m.

Oakland at Houston, 8:10 p.m.

Texas at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	28	18	.609	—
Washington	24	23	.511	4½
Philadelphia	22	24	.478	6
New York	17	27	.386	10
Miami	13	33	.283	15

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	29	16	.644	—
Cincinnati	29	18	.617	1
Pittsburgh	27	18	.600	2
Chicago	18	26	.409	10½
Milwaukee	18	27	.400	11

WEST DIVISION

	W	L	Pct	GB
Arizona	26	21	.553	—
Colorado	26	21	.553	—
San Francisco	26	21	.553	—
San Diego	21	24	.467	4
Los Angeles	19	26	.422	6

Wednesday's results

Atlanta 8 Minnesota 3

Cincinnati 7 N.Y. Mets 4

L.A. Dodgers 9 Milwaukee 2

Colorado 4 Arizona 1

Washington 2 San Francisco 1 (10)

Chicago Cubs at Pittsburgh

Philadelphia at Miami

St. Louis at San Diego

Tuesday's results

Pittsburgh 5 Chicago Cubs 4

Atlanta 5 Minnesota 4 (10)

Cincinnati 4 N.Y. Mets 0

Philadelphia 7 Miami 3

Milwaukee 5 L.A. Dodgers 2

Colorado 5 Arizona 4 (10)

St. Louis 10 San Diego 2

San Francisco 4 Washington 2 (10)

Thursday, May 23

All times Eastern

Chicago Cubs (Jackson 1-6) at Pittsburgh

(Gomez 2-0), 12:35 p.m.

Friday's games

Philadelphia at Washington, 7:05 p.m.

Chicago Cubs at Cincinnati, 7:10 p.m.

Atlanta at N.Y. Mets, 7:10 p.m.

Pittsburgh at Milwaukee, 8:10 p.m.

San Diego at Arizona, 9:40 p.m.

St. Louis at L.A. Dodgers, 10:10 p.m.

Colorado at San Francisco, 10:15 p.m.

Horoscopes

Aries

March 21 - April 20

Chances are you will waste a considerable amount of time today doing nothing. And why shouldn't you? You can't be a live wire Aries every day of the week. Goof off, but only a little.

Taurus

April 21 - May 21

Why are you using up so much energy trying to change things you know cannot be changed? Yes, OK, your sense of purpose is impressive but there comes a point when it just becomes stupid. Give it up.

Gemini

May 22 - June 21

Sometimes it's not wise to dig deeply, especially in areas where people's secrets are concerned. If nothing else, it gives people an excuse to do a little digging in your affairs too.

Cancer

June 22 - July 23

If your instincts tell you that something is wrong, you must not allow loved ones to persuade you otherwise. You are entitled to your point of view and you don't have to change it for anyone.

Leo

July 24 - Aug. 23

Try to resist the urge to spend your hard-earned cash on things you don't really need. Yes, of course, there are more important things in life than money but that does not mean you should throw it away.

Virgo

Aug. 24 - Sept. 23

There is something a partner needs to be told and you know it is you who must tell it. You also know they won't be happy to be made to face up to the truth. It's for their own benefit.

Libra

Sept. 24 - Oct. 23

You need a change of scene, so if you get the chance to go somewhere different today, even if it's just a walk round the block, take it. A new environment will give you a new perspective on your problems.

Scorpio

Oct. 24 - Nov. 22

Whatever setbacks you may have experienced recently, your long-term outlook is good so stop worrying. You may find that hard to believe but the planets don't lie.

Sagittarius

Nov. 23 - Dec. 21

You may be tempted to open your heart and let everyone know how you feel but is that a bright idea? There are people out there who would happily use your honesty against you.

Capricorn

Dec. 22 - Jan. 20

The most important thing over the next few days is that you have faith in yourself. Talent and experience are important, of course, but self-belief trumps everything.

Aquarius

Jan. 21 - Feb. 19

You may have to say something to a friend that sounds a bit harsh but it is for their own good. They will be stronger for it in the long-term — and they will always remember it was you who made it possible.

Pisces

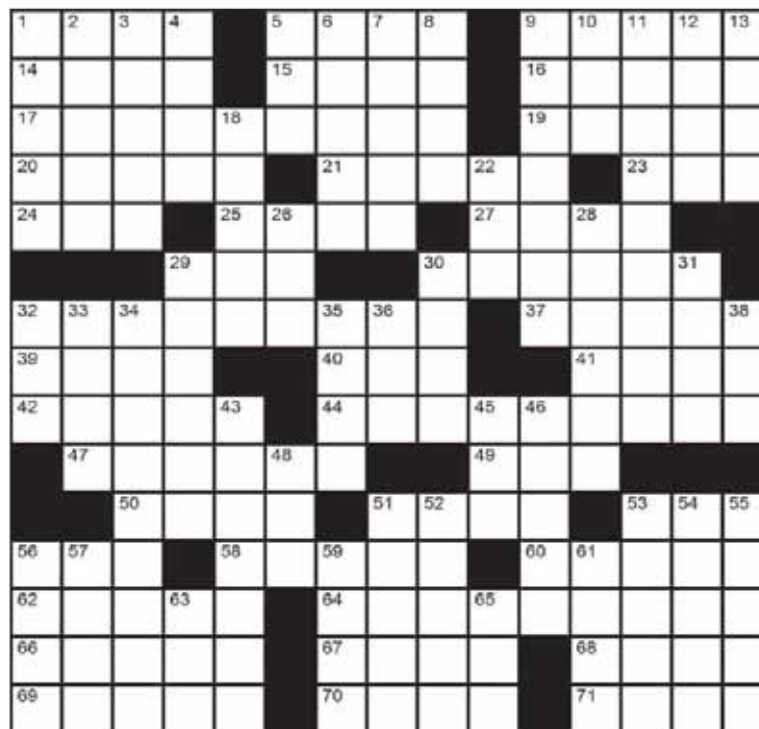
Feb. 20 - March 20

Be careful you don't jump to conclusions today, especially if you are the kind of Pisces who thinks more with your heart than your head. Give others a chance to explain before you pass judgement. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Be unwilling/complain
- Computer company
- Upper Fort ___ (Historical site in Manitoba)
- Fertilizer ingredient
- Timbuktu's locale in Africa
- Permeate
- Vancouver's ___ Island
- "___ Fat Greek Wedding" (2002): 2 wds.
- Los Angeles basketball
- Snake's toxin
- HS subject
- Winding shape
- Candid
- Billboard
- Note before Lah
- Pour-out wine
- New Brunswick city
- Actor Chris of "American Pie"
- Take ___ dancing lesson
- Regret
- Sgt. Snorkel's comic strip dog
- Mow the grass shorter
- Johnny Depp's frequent movie director: 2 wds.
- 'Synthetica' is this Canadian band's current album
- Sort of tribute
- Workshop implement



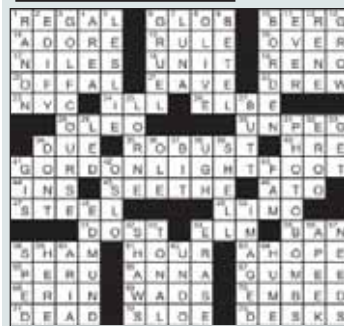
- Garbage bag brand
- Bird that's a thief
- Auto
- Actor Mr. Davis
- Ahead of time
- Visibly stunned
- French ___, as per education
- Nouveau ___ (\$\$\$)
- Its capital is Muscat

- Terrible tsar
- Gambling card game
- R&B singer, ___
- Singer Ms. Dobson
- Military instrument
- Rich tapestry
- Drip-drops
- "Citizen ___" (1941)
- "Who ___ to say?"

- Birth a bovine
- "Grey's Anatomy" star Ms. Pompeo
- Zippo ...mais en francais
- Marketing play, for instance
- Canadian singer/songwriter Ms. Sky
- 11th Prime Minister, from 1930 to 1935: _ _ _

- Destroy
- Safecracker
- High speedster's sound
- Suffix with 'Lact'
- Beta Kappa
- Apienty
- Canadian cheese giant since 1954
- Per ___ (Daily)
- Musician Mr. Puente
- Impair
- Detail
- NASCAR venue
- Federal org. concerning broadcasting
- Aujourd' ___ (Today, in French)
- ___stick frying pan
- "Raise a Little Hell" band
- ___ constrictor
- Bovid bag
- French pronoun
- "That's mine!"
- Catrina ___ Doan, Canadian Olympian/broadcaster
- Ambition
- "We need ___ of bread." ...said the store-stuff needer
- Kathleen ___, Premier of Ontario
- Kind of fish
- Currency exchange fee
- Prory of ___
- "Like, that's ever going to happen.": 2 wds.
- "___ Loves You" by The Beatles
- Roxy Music's Brian

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

9	6	2	5	1	4	7	8	3
8	3	1	9	6	7	4	2	5
5	7	4	8	2	3	6	9	1
2	5	7	3	4	1	9	6	8
6	9	3	7	8	2	1	5	4
4	1	8	6	9	5	2	3	7
1	8	9	4	5	6	3	7	2
3	4	6	2	7	8	5	1	9
7	2	5	1	3	9	8	4	6

1			7					4
	6			2	3	8		
	5		4	3				
	8					1		
3		7				6		2
							5	
				5	3		4	
	2	3	8				1	
4				1				9

Today

19°/7°
Rain
90%

Friday

15°/4°
Partly cloudy

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Check the 14 day trend.
TWN incorporates MSC data

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Leggings & Crop Tops.

Meet Beatrice.

She's a 24-year-old of Italian and German descent born in New York and raised in California. She is currently earning a Master's Degree in Performance Studies at Tisch School of the Arts at NYU. Named after a character from the book Dante's Inferno, Beatrice enjoys a good game of pool, painting, playing the violin and coming up with ideas for graphic novels. She's wearing the Nylon Leggings in Flamingo print and Cotton Spandex Sleeveless Crop Top.

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